

Recommended Sequence of Courses

Program of Study: Kinesiology for Transfer
 Department: KAD
 Coordinator: Lenny Wagner (707)527-4237 or lwagner@santarosa.edu
 Effective: Fall 2015

Semester	Course	College Level Pre-requisite (if any)	Units
1	List A Options: CHEM 1A ORCHEM 4A		5
	OR MATH 115		5
	One movement based courses		1-1.5
	General Education		8.5-9
2	List A Options: PHYS 40		5
	OR PHYS 20 AND PHYS 20L		4
	KINES 1: Intro to Kinesiology		3
	One movement based course		1-1.5
	General Education		5.5-7
3	ANAT 1: General Human Anatomy	Completion of BIO 10 or higher	5
	One movement based course		1-1.5
	General Education		8.5-9
4	PHYSIO 1: Human Physiology	Completion of CHEM 60 or higher; completion of BIO 10 or higher	5
	General Education		6-8.5
	Electives		1.5-4
	Total units		60