

Recommended Sequence of Courses

Program of Study: Kinesiology: Athletic Training Preparation

Department: Physical Education

Coordinator: Monica Ohkubo (707) 527-4457

Effective: Spring 2012

Course Number	Course Title	Units
First Semester		
BIO 10	Introduction to Principles of Biology	4.0
KINES 4	Care and Prevention of Athletic Injuries	3.0
Elective	General Education Courses	8.0
First Semester Unit Total:		15.0
Second Semester		
Requirement	CHEM 1A or CHEM 4A or CHEM 42 or CHEM 60	4.0
LIR 10 or LIR 30	<i>Information Literacy</i>	1.0
Restricted Elective	See program website for list (KINES 62A)	2.0
Elective	General Education Courses	5.0
Elective	Free Electives or Additional Courses from Restricted Electives	3.0
Second Semester Unit Total:		15.0
Third Semester		
ANAT 1	General Human Anatomy	5
Restricted Elective	See program website for list (KINES 62B)	2.0
Elective	General Education Courses	5.0
Elective	Free Electives or Additional Courses from Restricted Electives	3.0
Third Semester Unit Total:		15.0
Fourth Semester		
PHYSIO 1	Human Physiology	5.0
Requirement	FDNT 10 or MATH 15, or PHYED 1	3.0
Elective	General Education Courses	4.0
Elective	Free Electives or Additional Courses from Restricted Electives	3.0
Fourth Semester Unit Total:		15.0

Minimum units to meet program requirements: 60.0

Notes: