

### Recommended Sequence of Courses

Program of Study: Kinesiology for Transfer  
 Department: KAD  
 Coordinator: Lenny Wagner (707)527-4237 or lwagner@santarosa.edu  
 Effective: Fall 2013

Semester	Course	College Level Pre-requisite (if any)	Units
<b>1</b>	List A Options:		5
	CHEM 1A		
	OR		5
	CHEM 4A		1-1.5
	One movement based courses		8.5-9
	General Education		
<b>2</b>	List A Options:		5
	PHYS 40		
	OR		4
	PHYS 20 AND PHYS 20L		3
	KINES 1: Intro to Kinesiology		1-1.5
	One movement based course		5.5-7
	General Education		
<b>3</b>	ANAT 1: General Human Anatomy	Completion of BIO 10 or higher	5
	One movement based course		1-1.5
	General Education		8.5-9
<b>4</b>	PHYSIO 1: Human Physiology	Completion of CHEM 60 or higher; completion of BIO 10 or higher	5
	General Education		6-8.5
	Electives		1.5-4
	<b>Total units</b>		<b>60</b>