EQSCI 120 Course Outline as of Fall 2004

CATALOG INFORMATION

Dept and Nbr: EQSCI 120   Title: INTRO THER RIDING PRNCPL
Full Title: Introduction to Therapeutic Riding Principles
Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	6.00	3	Lecture Scheduled	18.00
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	18.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 36.00   Total Student Learning Hours: 54.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 39 - Total 2 Times
Also Listed As:
Formerly: AG 110

Catalog Description:
An overview of the history, organization, principles and procedures in a therapeutic riding program for persons with disabilities. Skills and training required for staff, instructors, therapists, and volunteers will be covered in this course. The student will also learn how to select and care for a therapy horse.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Schedule of Classes Information:
Description: An overview of the history, organization, principles and procedures in a therapeutic riding program for persons with disabilities. Skills and training required for staff, instructors, therapists, and volunteers will be covered in this course. The student will also learn how to select and care for a therapy horse. (Grade or P/NP)
Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100
Limits on Enrollment:
Transfer Credit:
Repeatability: Total 2 Times

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

			Effective:	Inactive:
AS Degree:	**Area**		Effective:	Inactive:
CSU GE:	**Transfer Area**		Effective:	Inactive:
IGETC:	**Transfer Area**		Effective:	Inactive:
CSU Transfer:		Effective:		Inactive:
UC Transfer:		Effective:		Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:
Student will:
1 List the therapeutic values of horseback riding for persons with
   disabilities.
2. List the national and regional associations involved in therapeutic
   riding, the services/programs offered, and how they can be of support
   to a program.
3. Describe the range of physical and cognitive disabilities most often
   encountered in the therapeutic riding setting.
4. Identify the roles of various personnel position and other
   professionals associated with therapeutic riding, and how they are
   integrated into the equestrian program.
5. Discuss the role of safety procedures as it relates to the horses,
   facility, students, staff and volunteers.
6. Observe and critique a therapeutic riding session.

Topics and Scope:

I.   Introduction to Therapeutic Riding
   a. The development of programs of riding for persons with
      disabilities
   b. Benefits of therapeutic riding; what disabilities are best served
   c. Various riding associations will be discussed as they relate to
      therapeutic riding. Some examples include NARHA, CANTRA, CHA, and
      CALNET
II. Common Conditions/Characteristics seen in persons in Therapeutic
   Riding
   a. Types of physical disabilities

b. Types of cognitive disabilities
c. Relating to the disabled student
III. The Horse and the Riding Session
    a. Factors in horse selection
    b. Safety issues related to:
      1. horse handling and care
      2. emergency procedures
      3. selection, care and fit of tack to horse and rider
IV. The Therapeutic Riding Team
    a. Roles of volunteers as horse handlers, sidewalkers, spotters
    b. Role of the instructor
    c. Role of consultants: physical, occupational, speech, recreational therapist, and school personnel
    d. Components of a riding lesson: warm up, exercises, games, riding skill
    e. Components of a hippotherapy session

Assignment:

1. Chapters will be assigned from text book.
2. Industry handouts will be assigned.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework	Writing 35 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams	Problem solving 40 - 55%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams	Skill Demonstrations 10 - 25%

Exams: All forms of formal testing, other than skill performance exams.

None	Exams 0 - 0%

Other: Includes any assessment tools that do not logically fit into the above categories.

None	Other Category 0 - 0%

Representative Textbooks and Materials:
THE HORSE, THE HANDICAPPED AND THE THERAPEUTIC RIDING TEAM:
by Barbara Engle, Margaret Galloway and Mary Bull, 1994
Barbara Engle Therapy Services, Publisher, Durango, Colorado 81301