

CATALOG INFORMATION

Dept and Nbr: CUL 200.12      Title: STOCKS/SOUPS/SAUCES  
Full Title: Foundations, Beginnings: Stocks, Soups & Sauces  
Last Reviewed: 6/18/2001

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0.50	Lecture Scheduled	1.50	4	Lecture Scheduled	6.00
Minimum	0.50	Lab Scheduled	2.00	2	Lab Scheduled	8.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.50		Contact Total	14.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 12.00

Total Student Learning Hours: 26.00

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 39 - Total 2 Times  
Also Listed As:  
Formerly: CULT200.12

**Catalog Description:**  
Professional chef presents theory, demonstrates techniques, & supervises and critiques student preparation of a variety of stocks, soups, and sauces. Students practice a variety of cooking techniques as they apply to stocks, soups, and sauces and will prepare appropriate accompaniments.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Professional Chef presents theory, demonstrates technique and supervises and critiques student preparation of a variety of stocks, soups, and sauces. Students practice a variety of cooking techniques as they apply to stocks, soups, and sauces and will prepare appropriate accompaniments. (Grade or P/NP)  
Prerequisites/Corequisites:

Recommended:  
Limits on Enrollment:  
Transfer Credit:  
Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

The students will:

1. Prepare a variety of types of soups, stocks, and sauces using proper tools and techniques.
2. Use sanitation techniques to prepare soups, stocks & sauces safely.
3. Identify the differences between classical and modern sauce making techniques.
4. Prepare a variety of dishes to accompany sauces.
5. Practice presentation techniques.

**Topics and Scope:**

1. Through lecture and demonstration, the student will be instructed in the proper handling, fabricating, and cooking techniques for a variety of soups, stocks, and sauces.
2. Recipes will be presented, discussed, and prepared.
3. Presentation techniques will be utilized.
4. Classic Mother sauces will be discussed and prepared.
  - a. Espagnole
  - b. Bechamel
  - c. Hollandaise
  - d. Tomato
5. Contemporary sauces will be discussed and prepared, including
  - a. Jus Lie
  - b. Vin Blanc
  - c. Beurre Blanc
  - d. Coilis
  - e. Salsas

- f. Essences
- g. Infused oils
- 6. Soups will be discussed and prepared, including
  - a. clear soups
  - b. puree soups
  - c. cream soups
  - d. bisques
  - e. cold soups
  - f. regional soups
  - g. international soups
  - h. soup service
- 7. Salad dressings will be prepared, including
  - a. vinaigrettes
  - b. emulsified vinaigrettes
  - c. mayonnaise
  - d. low fat dressings
- 8. Students will taste and critique all recipes prepared.

### Assignment:

- 1. Practical laboratory work on various cooking techniques.
- 2. Evaluate and critique recipes.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

LAB WORK

Problem solving  
10 - 25%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Preparation and evaluation of cooked recipes.

Skill Demonstrations  
60 - 80%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
10 - 25%

**Representative Textbooks and Materials:**  
Recipes and handouts prepared by the instructor.