CUL 287.11 Course Outline as of Spring 2002

CATALOG INFORMATION

Dept and Nbr: CUL 287.11 Title: ADV ITALIAN CUISINE Full Title: Advanced Italian Cuisine III Last Reviewed: 6/18/2001

| Units | | Course Hours per Week |] | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|---------------------------|-------|
| Maximum | 1.00 | Lecture Scheduled | 1.50 | 8 | Lecture Scheduled | 12.00 |
| Minimum | 1.00 | Lab Scheduled | 2.00 | 8 | Lab Scheduled | 16.00 |
| | | Contact DHR | 0 | | Contact DHR | 0 |
| | | Contact Total | 3.50 | | Contact Total | 28.00 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 24.00

Total Student Learning Hours: 52.00

| Title 5 Category: | AA Degree Applicable |
|-------------------|-----------------------|
| Grading: | Grade or P/NP |
| Repeatability: | 04 - Different Topics |
| Also Listed As: | |
| Formerly: | CULT287.11 |

Catalog Description:

Distinctive foods, food patterns, and customs as related to gourmet, regional, national, and international cuisines.

Prerequisites/Corequisites:

Recommended Preparation:

Basic cooking knowledge.

Limits on Enrollment:

Schedule of Classes Information:

Description: Adv instruction in the preparation of Italian family meals for entertaining & special occasions. Cost \$50.00. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Basic cooking knowledge. Limits on Enrollment: Transfer Credit: Repeatability: Different Topics

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| AS Degree: CSU GE: | Area Transfer Area | Effective: Effective: | Inactive: Inactive: |
|-----------------------|-----------------------|--------------------------|------------------------|
| IGETC: | Transfer Area | Effective: | Inactive: |
| CSU Transfer | Effective: | Inactive: | |
| UC Transfer: | Effective: | Inactive: | |

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student will:

- 1. Identify a variety of Italian cheeses.
- 2. Prepare soups, salads, sauces, vegetables, pastas, desserts,
- introduction to the preparation of meat, fish, and poultry
- 3. Demonstrate the skill of pasta making.
- 4. Observe the techniques of flambeing.
- 5. Recognize some of the historical background that influences regional Italian cooking.
- 6. Practice pronounciation of Italian menu items.
- 7. Examine nutritional information.

8. Engage in a sensory evaluation of one Italian red wine and one Italian white wine.

Topics and Scope:

In this advanced Italian cooking class the student will prepare traditional and unusual Italian dishes with focus on variety meats. Lectures will emphasize the cooking techniques employed in the food preparation, regions of origin of particular dishes, and historical background of the recipes. Emphasis is placed on plate presentation. A special vinegar presentation and tasting is featured. The student will taste one Italian red and one Italian white wine. Grape varieties and grape growing regions will be reviewed.

Assignment:

In class:

- 1. to prepare the dishes assigned by the teacher.
- 2. to evaluate their methods of preparation and that of others.
- 3. to taste and evaluate the success of each dish in discussion with instructor and other class members.

Outside of class:

1. Each week, students will prepare at least one dish from the previous lesson at home.

2. Students will evaluate in writing the previous class, recipes they prepared, dishes they tasted, lecture by instructor, their understanding of materials and topics covered in class, and their performance on success of the foods they prepared at home.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, PROJECTS

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

PREPARATION AND EVALUATION

Exams: All forms of formal testing, other than skill performance exams.

None

Other: Includes any assessment tools that do not logically fit into the above categories.

None

Representative Textbooks and Materials:

 Writing
0 - 0%

 Problem solving
10 - 30%

 Skill Demonstrations
10 - 30%

 Exams
0 - 0%

Other Category 0 - 0%