

**PSYCH 4 Course Outline as of Fall 2005****CATALOG INFORMATION**

Dept and Nbr: PSYCH 4 Title: CHILD &amp; ADOLESCENT PSYCH

Full Title: Child and Adolescent Psychology

Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Development of the child from prenatal life to the adolescent years with emphasis on emotional, intellectual, social, and personal growth and development.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100.

**Limits on Enrollment:****Schedule of Classes Information:**

Description: A psychological study of the child from prenatal life to the adolescent years. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	D	Social and Behavioral Sciences	Fall 1981	
<b>CSU GE:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	D	Social Science	Fall 2010	
	D9	Psychology		
	D	Social Science	Fall 1991	Fall 2010
	D1	Anthropology and Archeology		
	D4	Gender Studies		
	D9	Psychology		
	D	Social Science	Fall 1981	Fall 1991
	D1	Anthropology and Archeology		
	D4	Gender Studies		
<b>IGETC:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	4	Social and Behavioral Science	Fall 1981	
	4I	Psychology		
<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>

### **CID:**

#### **Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Distinguish significant theoretical perspectives on explaining the development of the child.
2. Describe and apply the research methods used to study child psychology.
3. Differentiate between chromosomes and genes, recessive and dominant traits, and monozygotic and dizygotic twins.
4. Discuss chromosomal and genetic abnormalities relevant to the psychological maladjustment of the child.
5. Describe how psychological and environmental factors, such as maternal stress, nutrition, teratogens, sexual transmitted diseases, and drugs, influence the development of the child.
6. Examine the brain structures, intellectual growth, perceptual processes, memory and language development of the child in the infancy, childhood and adolescent years.
7. Explain how attachment, social deprivation, child abuse and neglect, day care, temperament, and gender differences influence the infant's social and emotional development. Include descriptions of autism, its symptoms and treatment options.
8. Discuss the influence of parenting styles, sibling influence, peer

interactions and play types and gender roles of the child's social and emotional development in the early childhood years.

9. Describe the factors that contribute to and delineate treatment strategies for childhood obesity, eating disorders, elimination disorders, ADHD, and learning disabilities.
10. Provide causal factors and treatment options for separation anxiety, conduct disorder, childhood depression, and drug abuse in the middle childhood and adolescent years.
11. Discriminate among the various theories that describe the adolescent's self-concept, emotional, cognitive and moral development.

### **Topics and Scope:**

1. The Study of Human Development: History, Research, and Theories
2. The Human Heritage: Genes and Environment
3. Prenatal Development and Birth
4. Infant Capacities and the Process of Change
5. The Achievement of the First Year and the End of Infancy
6. Early Experiences and Later Life
7. Language Acquisition
8. Early Childhood Thought: Islands of Competence
9. Social Development in Early Childhood
10. The Contexts of Early Childhood: Family and Media
11. Cognitive and Biological Attainments of Middle Childhood
12. Schooling and Physical and Social Development in Middle Childhood
13. Biological and Social Foundations of Adolescence
14. Cognitive and Psychological Achievements of Adolescence

### **Assignment:**

1. Carefully read, approximately 25-35 pages per week, and recapitulate assigned material in the textbook and supplements.
2. Take at least two midterm exams and one final on lectures, reading concepts and terminology.
3. Write a term or course research paper approximately 3-5 pages in length for the purpose of learning research skills, enhancing course knowledge, and improving writing skills.
4. At the discretion of the instructor, oral presentations and group projects may be assigned.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Course Research Paper
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Writing 10 - 25%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Fill-in, short answer, essay exams

Exams  
75 - 90%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Group Projects, Oral Presentations

Other Category  
0 - 10%

### **Representative Textbooks and Materials:**

Berk, Laura E.

INFANTS, CHILDREN, AND ADOLESCENTS, Allyn & Bacon, 2005.

Santrock, John W.

CHILD DEVELOPMENT, McGraw-Hill, 2004.

Rathus, Spencer A.

VOYAGES - CHILDHOOD AND ADOLESCENCE, Wadsworth/Thomson, 2003.

Shaffer, David

DEVELOPMENTAL PSYCHOLOGY - CHILDHOOD AND ADOLESCENCE,  
Wadsworth/Thomson, 2002.