

**SWHS 80 Course Outline as of Fall 2025****CATALOG INFORMATION**

Dept and Nbr: SWHS 80 Title: INTRO ADDICTION STUDIES  
 Full Title: Introduction to Addiction Studies  
 Last Reviewed: 10/12/2020

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: HUSV 80

**Catalog Description:**

This course reviews the field of addiction studies which will include the history of alcohol and other substance abuse and its impact on American society and the family. It will cover an overview of theories of substance abuse and identification of signs and symptoms, as well as treatment resources and myths about abuse.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL C1000 or equivalent or appropriate placement based on AB705 mandates

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course reviews the field of addiction studies which will include the history of alcohol and other substance abuse and its impact on American society and the family. It will cover an overview of theories of substance abuse and identification of signs and symptoms, as well as treatment resources and myths about abuse. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL C1000 or equivalent or appropriate placement based on AB705 mandates

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

### **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Spring 1999	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

#### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

### **COURSE CONTENT**

#### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Identify a variety of models and theories of addiction and other issues related to substance abuse.
2. Recognize behavioral, psychological, health, and social effects of substance abuse on the user and the user's family and friends.
3. Recognize how the family, social networks, and community systems are factors in addiction prevention.
4. Interpret research and outcome data.

#### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Compare and contrast models and theories of addiction.
2. Evaluate past and present social policy conflicts regarding substance use in American society.
3. Describe the most generally accepted and scientifically supported models of treatment in recovery, relapse prevention and other substance-related issues.
4. Examine the importance of family, social network and community support in alcohol and other substance recovery.

#### **Topics and Scope:**

- I. Accepted and Scientific Models and Theories of Addiction
  - A. Etiological, moral, disease, and behavioral theories of addiction
  - B. Emerging research
- II. Social, Political and Economic Context of Substance Abuse
  - A. Core theoretical concepts on beliefs and attitudes about addiction

- B. Roles of counselor in the field of addiction
  - C. Gambling, sexual, internet and work addiction; anorexia nervosa
  - D. Properties of stimulants (cocaine, amphetamines, narcotics) pharmacology and biology
  - E. Properties of legal drugs (alcohol, nicotine, tobacco, caffeine), prescription drugs
- III. Social Policy regarding Drug Use - Past and Present
- A. Historical and political dimensions: cultural attitudes toward addiction and drug use and everyday life; drug consumption profiles and preferences; societal (including legal and criminal justice) responses
  - B. Addiction in the context of the "War on Drugs"
  - C. The regulation of drugs
  - D. Current issues and debates in the field of addiction including myths about abuse
- IV. Overview of Current Programs and Services, including but not limited to:
- A. Withdrawal management (detoxification)
  - B. Outpatient treatment
  - C. Day treatment
  - D. Residential treatment
  - E. Supportive recovery and other treatment services (transitional living, hospital based substance misuse programs, needle exchange and methadone treatment, dual diagnosis programs, pregnancy support)
  - F. Family, school and community based prevention programs
  - G. Basic principles of abstinence based Alcoholics Anonymous (AA) and twelve step addiction treatment
  - H. Family members, Al-Anon
  - I. Cognitive therapy
- V. Importance of Family and Community in Addiction Prevention and Treatment
- A. Gender, sexual orientation, race and ethnicity in addiction counseling
  - B. Family and friends in addiction recovery
  - C. Community development, locality development, social planning and social action
- VI. Importance of Research in Addiction Prevention
- A. Substance abuse and mental disorders
  - B. Substance abuse and eating disorders
  - C. Addiction as a field of practice in social work; differential approaches to practice
  - D. Interpret data

**Assignment:**

1. Read 35-40 pages per week
2. Write summary reports
3. Written homework
4. Reading reports
5. One to three term paper(s) (3-5 pages each) on issues related to substance abuse
6. Two to three quizzes, midterm and final exam

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, written summaries, reading reports, term paper's

Writing  
30 - 40%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, midterm, final

Exams  
60 - 70%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

### **Representative Textbooks and Materials:**

Substance Use Counseling: Theory and Practice. 6th ed. Stevens, Patricia and Smith, Robert. Pearson. 2017

Drugs, Society, and Human Behavior with PowerWeb. 17th ed. Ksir, Charles and Hart, Carl. McGraw-Hill. 2017

Concepts of Chemical Dependency. 10th ed. Doweiko, Harold. Cengage Learning. 2018

Instructor prepared materials