

COUN 7 Course Outline as of Fall 2025**CATALOG INFORMATION**

Dept and Nbr: COUN 7 Title: IDENTITY & DIVERSITY

Full Title: Identity and Cultural Diversity

Last Reviewed: 3/10/2025

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: COUN 74

Catalog Description:

Students will compare and analyze multicultural perspectives from a historical, societal, and individual lens. Students will learn about the intersectionality of identity, race/ethnicity, gender, disability, social class, and belief system. Students will explore the relationship between personality development and culture, barriers to cross-cultural interaction, communication styles and counseling strategies.

Prerequisites/Corequisites:**Recommended Preparation:**

Eligibility for ENGL C1000 OR EMLS 10 OR equivalent

Limits on Enrollment:**Schedule of Classes Information:**

Description: Students will compare and analyze multicultural perspectives from a historical, societal, and individual lens. Students will learn about the intersectionality of identity, race/ethnicity, gender, disability, social class, and belief system. Students will explore the relationship between personality development and culture, barriers to cross-cultural interaction,

communication styles and counseling strategies. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL C1000 OR EMLS 10 OR equivalent

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2025	
	G	American Cultures/Ethnic Studies		
	L4	Social and Behavioral Sciences		
CSU GE:	Transfer Area		Effective:	Inactive:
	D	Social Science	Fall 2010	
	D3	Ethnic Studies		
	D7	Interdisc Social or Behavioral Science		
IGETC:	Transfer Area		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 2020	
CSU Transfer:	Transferable	Effective:	Fall 1995	Inactive:
UC Transfer:	Transferable	Effective:	Fall 2020	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Recognize and articulate the social, political, economic, and cultural context that characterize individuals and groups.
2. Recognize and analyze individual self-awareness of identity and diversity within a socio-cultural context.
3. Describe counseling strategies related to the individual characteristics of a client, including but not limited to: disability, gender, sexual orientation, culture, ethnicity, age and health status.

Objectives:

At the conclusion of this course, the student should be able to:

1. Identify and analyze concepts of identity including personality as well as factors that influence

personal choice.

2. Define and discuss the basic components of culture including: values, attitudes, belief systems, and socialization.
3. Analyze the biological aspects of cultural difference.
4. Define cultural groups (ethnicity, gender, sexual orientation, age, etc.).
5. Discuss concepts and theories regarding prejudice including: bias, stereotypes, ethnocentrism, and racism.
6. Research, compare and contrast ethnic/cultural groups within the United States including but not limited to: African, Asian, European, Latino, and Native American.
7. Identify and analyze cultural value systems contributing to prejudice and cross-cultural barriers.
8. Identify and analyze terms, concepts and theories related to verbal, nonverbal and intercultural communication.
9. Compare methods and approaches to effective cross-cultural interaction and personal change.
10. Discuss counseling strategies pertaining to different cultural groups.

Topics and Scope:

I. Introduction

- A. Vocabulary and terms related to identity, culture, prejudice, communication, and cross-cultural interaction
- B. Imperatives for intercultural competence

II. Personality and Culture

- A. Dimensions of identity and personality
- B. Description, Interpretation, and Evaluation (DIE)
- C. Components of culture, assimilation, and acculturation
- D. Biological factors influencing cultural difference (physical attractiveness, body image, sex role typology)
- E. American culture and values, individuality, and conformity
- F. American ethnic cultures: African, Asian, European, Latino, and Native American
- G. Historical analysis of American and ethnic cultures

III. Cross-cultural Interactions

- A. Introduction to concepts of ethnocentrism, prejudice, and racism
- B. White and male privilege in American society
- C. The perspective of culture-specific groups (ethnic, gender, sexual orientation, physical ability, etc.)
- D. Recognizing and identifying prejudices

IV. Cross-cultural Competencies

- A. Theories, concepts, and cross-cultural counseling strategies
- B. Negative consequences of stereotypes and differential status
- C. Barriers to effective intercultural interaction
- D. Effective methodologies for intercultural interaction

Assignment:

1. Reaction papers (3-5) of 1-2 pages each on: cultural identity, values, cultural observations, comparing/contrasting culture groups, prejudice and communication styles
2. A research paper (5-page minimum) on a culture-specific group
3. Midterm and final examinations
4. Quizzes
5. At the discretion of the instructor, a presentation and/or group project(s) may be assigned
6. Reading 30-40 pages per week

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Reaction papers, Research paper

Writing
20 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes; exams including a final

Exams
50 - 80%

Other: Includes any assessment tools that do not logically fit into the above categories.

Presentation and/or group project(s); class participation and attendance

Other Category
0 - 10%

Representative Textbooks and Materials:

Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy. Summers, LaTonya and Nelson, Lotes. 2022.

Racial and Ethnic Groups. 15th ed. Schaefer, Richard. Prentice Hall. 2019. (classic).

The Convergence of Race Ethnicity and Gender. 5th ed. Robinson, Tracy. Pearson-Prentice Hall. 2017. (classic).

Race, Class and Gender. 9th ed. Andersen, Margaret and Collins, Patricia. Thomson/Wadsworth. 2016. (classic).