

CATALOG INFORMATION

Dept and Nbr: ADLTED 603    Title: LESSON PLANNING  
Full Title: Lesson Planning: Time Management and Transitions  
Last Reviewed: 1/22/2018

| Units   |   | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |      |
|---------|---|-----------------------|------|--------------|--------------------|------|
| Maximum | 0 | Lecture Scheduled     | 0    | 2            | Lecture Scheduled  | 0    |
| Minimum | 0 | Lab Scheduled         | 4.00 | 1            | Lab Scheduled      | 8.00 |
|         |   | Contact DHR           | 0    |              | Contact DHR        | 0    |
|         |   | Contact Total         | 4.00 |              | Contact Total      | 8.00 |
|         |   | Non-contact DHR       | 0    |              | Non-contact DHR    | 0    |

Total Out of Class Hours: 0.00

Total Student Learning Hours: 8.00

Title 5 Category: Non-Credit  
Grading: Non-Credit Course  
Repeatability: 27 - Exempt From Repeat Provisions  
Also Listed As:  
Formerly:

**Catalog Description:**  
This course is designed to introduce potential or new teachers to lesson planning as it relates to Adult Education in a higher education setting.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: This course is designed to introduce potential or new teachers to lesson planning as it relates to Adult Education in a higher education setting. (Non-Credit Course)  
Prerequisites/Corequisites:  
Recommended:  
Limits on Enrollment:  
Transfer Credit:  
Repeatability: Exempt From Repeat Provisions

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                   |                      |                   |                  |
|-------------------|----------------------|-------------------|------------------|
| <b>AS Degree:</b> | <b>Area</b>          | <b>Effective:</b> | <b>Inactive:</b> |
| <b>CSU GE:</b>    | <b>Transfer Area</b> | <b>Effective:</b> | <b>Inactive:</b> |

|               |                      |                   |                  |
|---------------|----------------------|-------------------|------------------|
| <b>IGETC:</b> | <b>Transfer Area</b> | <b>Effective:</b> | <b>Inactive:</b> |
|---------------|----------------------|-------------------|------------------|

|                      |                   |                  |
|----------------------|-------------------|------------------|
| <b>CSU Transfer:</b> | <b>Effective:</b> | <b>Inactive:</b> |
|----------------------|-------------------|------------------|

|                     |                   |                  |
|---------------------|-------------------|------------------|
| <b>UC Transfer:</b> | <b>Effective:</b> | <b>Inactive:</b> |
|---------------------|-------------------|------------------|

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Describe and explain the steps to create components of effective lessons.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Analyze what makes an effective lesson.
2. Describe and present an effective lesson.

### **Topics and Scope:**

- I. Overview of Lesson Planning
  - A. Components of an effective lesson plan
  - B. Addressing adult learner needs
- II. Steps in Lesson Planning (BOPPPS)
  - A. Bridging in
  - B. Objective of the lesson
  - C. Pre-test
  - D. Presentation and practice
  - E. Post-test
  - F. Summary and review
- III. Timing
  - A. How many lessons per class?
  - B. Transitions
  - C. Leaving time for other kinds of discussions and reminders
- IV. Sequencing Lessons to Reflect SLO's, Objectives and Competencies

### **Assignment:**

1. Discussion/personal reflection on effective and ineffective lessons
2. Group evaluation of a lesson
3. Group creation and presentation of a lesson plan that BOPPPS

4. Group critique of lessons
5. Self-evaluation

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Self-evaluation

Writing  
5 - 10%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Group lesson creation and evaluation

Problem solving  
20 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Group presentation of lesson

Skill Demonstrations  
40 - 50%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Group discussions

Other Category  
10 - 20%

### Representative Textbooks and Materials:

Instructor prepared materials