

CATALOG INFORMATION

Dept and Nbr: SWHS 88

Title: INTERNSHIP PRACTICUM

Full Title: Internship Practicum

Last Reviewed: 1/27/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	1.50	17.5	Lecture Scheduled	26.25
Minimum	1.50	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.50		Contact Total	26.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 52.50

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 39 - Total 2 Times

Also Listed As:

Formerly: HUSV 88

**Catalog Description:**  
This course focuses on developing the skills and abilities of students interning at an addiction-studies related setting. Students will engage in the developmental processes of burnout prevention, treatment planning, and the twelve core functions of a certified addiction counselor.

**Prerequisites/Corequisites:**  
Concurrent Enrollment in SWHS 99I; AND Course Completion of SWHS 87 (or COUN 87), SWHS 80 (or HUSV 90) and SWHS 90 (or HUSV 90)

**Recommended Preparation:**  
Eligibility for ENGL 1A or equivalent

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: This course focuses on developing the skills and abilities of students interning at an addiction-studies related setting. Students will engage in the developmental processes of burnout prevention, treatment planning, and the twelve core functions of a certified addiction counselor. (Grade or P/NP)  
Prerequisites/Corequisites: Concurrent Enrollment in SWHS 99I; AND Course Completion of

SWHS 87 (or COUN 87), SWHS 80 (or HUSV 90) and SWHS 90 (or HUSV 90)

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>	Transferable	Effective: Fall 2020	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Demonstrate knowledge of counselor practice dimensions with core functions of addiction counselors.
2. Develop understanding of the roles and responsibilities of interns and supervisors.
3. Identify ethical issues related to the addiction counselors.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Identify and explain the primary functions and practice dimensions of Technical Assistance Publication 21 (TAP-21).
2. Understand scope of practice and the role of the intern versus that of the certified professional.
3. Practice the ethical guidelines of the helping professions, especially as they pertain to confidentiality.
4. Create internship peer groups that facilitate learning through discussion, role-play, and feedback.
5. Assess and evaluate the role of the supervisor in the internship experience for future supervision.
6. Identify the sources and effects of stress and burnout in the helping professions.
7. Evaluate the positive and negative aspects of the internship experience.

### **Topics and Scope:**

- I. Understanding Addiction
  - A. Models and theories of addiction
  - B. Social, political, economic, and cultural context
  - C. Effects of psychoactive substances

## D. Co-occurring disorders

## II. Treatment Knowledge

- A. Philosophies and models of treatment
- B. Family, social networks, and community systems
- C. Research and outcome data
- D. Interdisciplinary approach to addiction treatment

## III. Application of TAP-21 Functions and Practices

- A. Diagnostic criteria for substance use disorders
- B. Strategies for reducing negative effects of substance use
- C. Client's stage of dependence, change, or recovery
- D. Culturally appropriate treatment services
- E. Strengths and limitations of treatment modalities
- F. Medical and pharmacological resources
- G. Insurance and health maintenance options
- H. Recognize features of crisis
- I. Methods for measuring treatment outcome

## IV. Professional Readiness

- A. Diverse cultures
- B. Self-awareness
- C. Ethical and behavioral standards
- D. Ongoing supervision
- E. Continuing education

## V. 12 Core Functions of Addiction Counselor

- A. Screening
- B. Intake
- C. Orientation
- D. Assessment
- E. Treatment planning
- F. Counseling
- G. Case management
- H. Crisis intervention
- I. Client education
- J. Referral
- K. Reports and record keeping
- L. Consultation

## VI. Roles and Responsibilities

- A. Supervision
  - 1. Clarifying expectations and weekly tasks
  - 2. Frequency and timing of supervision
  - 3. Evaluation and feedback
- B. Interns
  - 1. Development of counselor competencies
  - 2. Collaborative relationships with supervisor and staff
  - 3. Practicing within scope

## VII. Professional Responsibilities - Code of Ethics

- A. Nondiscrimination

- B. Responsibility
- C. Competence
- D. Supervision
- E. Client welfare
- F. Publication credit
- G. Confidentiality
- H. Client relationships
- I. Inter-professional relationships
- J. Societal obligations

#### VIII. Professional Conduct

- A. Communicating with supervisor
- B. Communicating with academic program and college
- C. Providing culturally sensitive counseling
- D. Professional boundaries
  - 1. Dual relationships
  - 2. Transference and counter-transference

#### IX. Self-care and helping professions

- A. Sources and effects of stress
- B. Symptoms and stages of burnout
- C. Seeking out help and resources

#### X. Credentialing Process for Addiction Counselors

- A. California Association for Drug/Alcohol Educators (CAADE) - Addiction Counselor Certification Board (ACCBC)
- B. California Consortium of Addiction Programs and Professionals (CCAPP)

#### XI. Finishing the Internship

- A. Ensuring therapeutic termination with clients
- B. Reviewing the intern's progress and areas for further growth
- C. Feedback to supervisors
- D. Letters of recommendation

#### **Assignment:**

1. Participate in group discussions on topics such as supervision, quality of internship, and other challenges
2. Submit written entries for in-class group discussions and in-class role play
3. Weekly journal entries or weekly writing assignments on topics as, professional boundaries, importance of applying self-care, and meeting learning objectives
4. Development of a self-care and wellness plan, which will include strategies for stress reduction, healthy nutrition, resources to maintain well-being
5. Develop a resume integrating skills learned during field experience and develop a cover letter as well as exploring career/professional websites
6. Presentation on internship experiences on topics such as analysis of roles, and responsibilities, case studies, and/or treatment plans
7. One to five case study(ies) outlining student's assessment, treatment recommendations, and plan for implementation as well as referral resources
8. Midterm exam and final

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written journals, self-care wellness plan, professional resume, case study, and group discussion written entries

Writing  
40 - 65%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case study(ies), treatment plans, group discussion

Problem solving  
10 - 35%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Role-playing, presentation

Skill Demonstrations  
10 - 35%

**Exams:** All forms of formal testing, other than skill performance exams.

Midterm exam and final

Exams  
5 - 10%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
10 - 25%

## Representative Textbooks and Materials:

Global Criteria: The 12 Core Functions. 7th ed. Herdman. John. John Herdman. 2018

Twelve Core Functions. 6th ed. Kulewicz, Stanley. Counselor Pubns. 2010 (classic)

Motivational Interviewing. 3rd ed. Miller, William and Rollnick, Stephen. Guilford Press. 2012 (classic)

Intervention, Treatment & Recovery, A practical guide to the TAP 21 Addiction Counseling Competencies. 2nd ed. Phelps, Lori. Kendall Hunt Publishing. 2016