CUL 252.14 Course Outline as of Fall 2022

CATALOG INFORMATION

Dept and Nbr: CUL 252.14 Title: FUND OF GARDE MANGER

Full Title: Fundamentals of Garde Manger

Last Reviewed: 3/27/2017

Units		Course Hours per Week	,	Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	8	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25 Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grade Only Grading:

00 - Two Repeats if Grade was D, F, NC, or NP Repeatability:

Also Listed As:

Formerly:

Catalog Description:

Provides cold kitchen fundamentals, including equipment, sanitation and safety, production, salads, emulsified and non-emulsified dressings, sandwiches, cold sauces, salad condiments. Emphasis is on speed, timing, and teamwork.

Prerequisites/Corequisites:

Course Completion or Concurrent Enrollment in CUL 250 (or DIET 50), and CUL 250.1, and CUL 252.3 and CUL 253.6 (or formerly CUL 253.1)

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Provides cold kitchen fundamentals, including equipment, sanitation and safety, production, salads, emulsified and non-emulsified dressings, sandwiches, cold sauces, salad condiments. Emphasis is on speed, timing, and teamwork. (Grade Only) Prerequisites/Corequisites: Course Completion or Concurrent Enrollment in CUL 250 (or DIET

50), and CUL 250.1, and CUL 252.3 and CUL 253.6 (or formerly CUL 253.1)

Recommended:

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

IGETC: Transfer Area Effective: Inactive:

CSU Transfer: Effective: Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

- 1. Define and use techniques and practices involved in working the cold side of a professional kitchen.
- 2. Apply a working knowledge of sanitation and safety in a professional kitchen.
- 3. List and identify seasonal products necessary to the cold kitchen.
- 4. Define and use the basic terminology of the professional culinary arts.

Objectives:

Upon completion of this course, students will be able to:

- 1. Perform the basic duties of the pantry station.
- 2. Prepare a variety of salads from various salad greens and present them attractively for service.
- 3. Recognize and appropriately use a variety of salad condiments.
- 4. Prepare a variety of emulsified and non-emulsified salad dressings.
- 5. Prepare a variety of types and styles of sandwiches, selecting high quality sandwich ingredients.
- 6. Prepare a variety of cold sauces.
- 7. Prepare a variety of basic charcuterie products.
- 8. Apply preservation technology to a variety of food products.
- 9. Organize production and complete cold food preparation activities with appropriate speed and timing.
- 10. Apply portion control principles and practices to the preparation of cold food items.
- 11. Analyze and evaluate finished products.
- 12. Work successfully as a team member.
- 13. Apply principles and proper procedures for sanitation and safe, hygienic food handling and equipment use and care.

Topics and Scope:

- I. Basic Duties of the Pantry Station
 - A. Proper mise-en-place for restaurant service
 - B. Cold food production
 - C. Portion control
 - D. Quality control
- II. Salads
 - A. Categories of salads
 - 1. composed
 - 2. tossed
 - 3. bound
 - B. Varieties of salad greens
 - C. Condiments
 - D. Dressings/sauces
 - 1. emulsified
 - 2. non-emulsified
 - 3. reduction
 - 4. dipping
 - 5. condiments
 - E. Portion control
- III. Sandwiches
 - A. Choosing appropriate ingredients
 - B. Styles
 - C. Types
 - D. Portion control
- IV. Charcuterie
 - A. Forcemeats
 - B. Sausages
 - C. Smoking
 - D. Salt curing
 - E. Mousses
- V. Food Preservation
 - A. Pickling
 - B. Fermenting
- VI. Evaluating Quality
- VII. Organizing Production
- VIII. Teamwork
- IX. Safety and Sanitation

Assignment:

- 1. Identification and production of various cold kitchen items
- 2. Self assessment and critique of prepared products
- 3. Reading in assigned text, 5-10 pages per week
- 4. Three to four quizzes; final written and performance exam

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Food quality evaluations (assessments, critiques and portion control)

Problem solving 10 - 20%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performance, performance exams

Skill Demonstrations 50 - 65%

Exams: All forms of formal testing, other than skill performance exams.

Exams: multiple choice, true/false, matching items, completion

Exams 15 - 35%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance, participation, and professionalism

Other Category 5 - 15%

Representative Textbooks and Materials:

On Cooking: A Textbook of Culinary Fundamentals. 6th ed. Labensky, Sarah and Martel, Priscilla and Hause, Alan. Pearson. 2014
Instructor prepared recipes and materials.