

CATALOG INFORMATION

Dept and Nbr: ADLTED 735.2 Title: TRAUMA INFORMED PT 1
Full Title: Trauma Informed Relationships--Part 1
Last Reviewed: 11/13/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0	Lecture Scheduled	0	6	Lecture Scheduled	0
Minimum	0	Lab Scheduled	2.00	4	Lab Scheduled	12.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	12.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 12.00

Title 5 Category: Non-Credit
Grading: Non-Credit Course
Repeatability: 27 - Exempt From Repeat Provisions
Also Listed As:
Formerly:

Catalog Description:
This course is designed to help make sense of the often intense, unusual, and hard-to-understand behaviors of traumatized children at home or at school. This is the second of a two-part sequence in a certificate offered for foster, adoptive, and kinship caregivers for children in out-of-home care, as well as any mandated reporter who works with school-aged children dealing with trauma.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of ADLTED 734A

Limits on Enrollment:

Schedule of Classes Information:
Description: This course is designed to help make sense of the often intense, unusual, and hard-to-understand behaviors of traumatized children at home or at school. This is the second of a two-part sequence in a certificate offered for foster, adoptive, and kinship caregivers for children in out-of-home care, as well as any mandated reporter who works with school-aged children

dealing with trauma. (Non-Credit Course)

Prerequisites/Corequisites:

Recommended: Course Completion of ADLTED 734A

Limits on Enrollment:

Transfer Credit:

Repeatability: Exempt From Repeat Provisions

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Effectively identify and explain various kinds of trauma, their behaviors and indicators.

Objectives:

Upon completion of the course, students will be able to:

1. Compare and contrast Trauma, Complex Trauma, and Post-Traumatic Stress Disorder
2. Define and describe how Oppositional Defiance Disorder and Combat Stress Reaction can be mistaken for Trauma
3. List various behaviors and indicators of trauma exposure

Topics and Scope:

I. Types of Trauma

- A. Trauma from one-time events
- B. Complex Trauma from multiple or on-going events
- C. Post-Traumatic Stress Disorder
- D. Discerning between Complex Trauma and Post-Traumatic Stress Disorder

II. Frequent Responses to Trauma

- A. Physical
- B. Emotional
- C. Psychological
- D. Behavioral

III. Frequently Misused Diagnoses of Trauma Responses

- A. Oppositional Defiance Disorder
- B. Combat Stress Disorder

IV. Identifying Trauma Exposure

- A. Emotional Dysregulation/Numbing
- B. Hyperarousal and Sleep Disturbances
- C. Intrusive Thoughts and Memories
- D. Triggers and Flashbacks

Assignment:

1. Quick writes and journal entries (6 - 10)
2. Case studies (2 - 4)
3. Venn diagrams (2 - 3)
4. One-page response paper
5. Reflection paper on the impacts of family trauma (1 - 2 pages)

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Quick writes and journal entries; response paper; reflection paper

Writing
40 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case studies; Venn diagrams

Problem solving
30 - 40%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

None

Exams
0 - 0%

Other: Includes any assessment tools that do not logically fit into the above categories.

Active participation and attendance

Other Category
20 - 30%

Representative Textbooks and Materials:

Instructor prepared materials