HUSV 81 Course Outline as of Fall 2021

CATALOG INFORMATION

Dept and Nbr: HUSV 81 Title: PREVENT & EDU ON ADDICT
Full Title: Prevention and Education on Addiction
Last Reviewed: 10/12/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	AODS 91

Catalog Description:
This course reviews prevention and education techniques and strategies used in the field of addiction studies. Students will analyze the ways in which education can and does assist in the prevention of addiction and relapse. Students will explore the application of harm reduction strategies to other public health issues.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates

Limits on Enrollment:

Schedule of Classes Information:
Description: This course reviews prevention and education techniques and strategies used in the field of addiction studies. Students will analyze the ways in which education can and does assist in the prevention of addiction and relapse. Students will explore the application of harm reduction strategies to other public health issues. (Grade or P/NP)
Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates
Limits on Enrollment:
Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Spring 2002	Inactive:	
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Describe warning signs, symptoms, and causes of substance use disorders.
2. Analyze the ways in which education can and does assist in the prevention of communicable and infectious diseases among drug users and the application of harm reduction strategies to other public health issues.
3. Describe the basic principles of personal and public health, and substance abuse prevention, treatment, and recovery.
4. Identify and explain the common characteristics of children of substance abusers.

Objectives:
Students will be able to:
1. Identify and interpret the role of the addiction professional to address prevention as well as treatment.
2. Predict factors that increase the likelihood for an individual, community, or group to be at-risk for, or resilient to, psychoactive substance use disorders.
3. Identify issues of cultural identity, ethnic background, age, and gender, in prevention, treatment, and recovery.
4. Analyze warning signs, symptoms, and the course of substance abuse disorders.
5. Describe how substance abuse disorders affect families and concerned others.
6. Apply the concept and practice of harm reduction, using local examples if available.
7. Diagram the continuum of care concept and resources available in the community.
8. Differentiate the basic principles and philosophy of prevention, treatment, and recovery.
9. Describe the health and behavior problems related to substance abuse.
10. Describe life management skills.

Topics and Scope:

I. Introduction and Overview
   A. Definitions and overview of prevention
   B. History of ATOD (alcohol, tobacco and other drugs) prevention
   C. Relationship between prevention, intervention, and treatment
   D. Relationship of the counselor to the client in prevention and treatment
   E. National Prevention Programming (NPP)
      1. Goals
      2. Resources
      3. Leadership
   F. State of California framework for prevention
   G. Availability of services in the area of prevention
II. Relapse Prevention Treatment
   A. Advertising and marketing to ethnic minorities, youth and women
   B. Co-dependent behavior of client and family members
   C. Harm reduction in relapse prevention
   D. Celebrated special cultural events sponsorship/politicized
   E. County Department of Alcohol and Drug Programs (ADP) prevention plan
   F. Community organizing/police partnership programs
   G. Treatment care and goals in the community
   H. Alcohol free events and reducing sale to minors
III. Relapse Education Planning
   A. Environmental model
   B. School based prevention models
   C. Life management skills
      1. Relaxation
      2. Communication
      3. Assertiveness
      4. Refusal skills
   D. Minnesota models
   E. Current relapse prevention models
IV. Transmission and Prevention
   A. Human Immunodeficiency Virus (HIV)/Acquired Immunodeficiency Syndrome (AIDS)
   B. Tuberculosis
   C. Sexually Transmitted Disease
   D. Hepatitis and other infectious diseases
   E. Available drug therapies for prevention and treatment

Assignment:

1. Read approximately 40 pages each week
2. One to two 4-6 page critique's of prevention plans
3. Written homework
3. Two to three 3-4 page papers analyzing the efficacy of drug prevention and education programs
4. Oral and written reports on a visit to a drug education or prevention program
5. Quiz(zes) (0-3), midterm exam(s) (1-3) and final exam

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, visit reports, written critique's, written analyses papers	Writing 30 - 60%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Quiz(zes), midterm exam(s), final exam	Exams 30 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral reports	Other Category 10 - 15%

Representative Textbooks and Materials:
Substance Abuse: A Comprehensive Textbook. 5th ed. Ruiz, Pedro and Strain, Eric. Lippincott Williams and Wilkins Inc. 2011 (classic)

An Introduction to Community and Public Health. 9th ed. McKenzie, James and Pinger, Robert. Jones and Bartlett Learning. 2018

Uppers, Downers, All Arounders - Physical and Mental Effects of Psychoactive Drugs. 8th ed. Inaba, Darryl and Cohen, William E. CNS Productions, Inc. 2014 (classic)