

AODS 93 Course Outline as of Fall 2021**CATALOG INFORMATION**

Dept and Nbr: AODS 93 Title: REHAB OF ALCOH/DRUG PROB

Full Title: Rehabilitation of Alcohol & Drug Problems

Last Reviewed: 3/28/2016

| Units | | Course Hours per Week | | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 3.00 | Lecture Scheduled | 3.00 | 17.5 | Lecture Scheduled | 52.50 |
| Minimum | 3.00 | Lab Scheduled | 0 | 17.5 | Lab Scheduled | 0 |
| | | Contact DHR | 0 | | Contact DHR | 0 |
| | | Contact Total | 3.00 | | Contact Total | 52.50 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: HLE 99

Catalog Description:

This course reviews the initial admission requirements for alcohol and drug assistance programs, assessment requirements for orientation to the programs, disciplinary rules, costs of programs, methods of payment and client's rights. Current treatment modalities will be compared and contrasted with regard to the individual in the social and clinical context. Professional and ethical codes of conduct and behavior will also be reviewed and emphasized.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: This course reviews the initial admission requirements for alcohol and drug assistance programs, assessment requirements for orientation to the programs, disciplinary rules, costs of programs, methods of payment and client's rights. Current treatment modalities will be compared and contrasted with regard to the individual in the social and clinical context.

Professional and ethical codes of conduct and behavior will also be reviewed and emphasized.

(Grade Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| | | | |
|-------------------|----------------------|------------|-----------|
| AS Degree: | Area | Effective: | Inactive: |
| CSU GE: | Transfer Area | Effective: | Inactive: |

| | | | |
|---------------|----------------------|------------|-----------|
| IGETC: | Transfer Area | Effective: | Inactive: |
|---------------|----------------------|------------|-----------|

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|----------------------|------------|-----------|
| CSU Transfer: | Effective: | Inactive: |
|----------------------|------------|-----------|

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|---------------------|------------|-----------|
| UC Transfer: | Effective: | Inactive: |
|---------------------|------------|-----------|

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Identify interdisciplinary approach to rehabilitation and addiction treatment.
2. Identify the established diagnostic criteria for substance use disorders and describe treatment modalities and placement criteria.
3. Formulate and coordinate a treatment activity plan with services provided to a client by his/her community agencies.

Objectives:

Upon completion of this course, students will be able to:

1. Recognize and explain the strategies and treatment modalities needed based on a client's stage of dependency, changes in counseling, and / or stage recovery.
2. Distinguish between reformative strategies and transformative strategies in self and others.
3. Apply reforming and/or transforming approaches to working with others.
4. Differentiate between and among existing major treatment modalities.
5. Utilize assessment instruments in an ongoing manner throughout the client's treatment process.
6. Develop and maintain relations with other community resources and arrange client referrals to other interdisciplinary agencies, community programs, and other appropriate resources.

Topics and Scope:

I. Readiness for treatment

A. Prevention and early interventions overview

- B. Detoxification and rehabilitation
- C. Warning signs of a relapse
- D. Intervention services
- E. Psychological evaluation for dual diagnosis of problems
- F. Economic costs of alcohol abuse
- II. Strategies and treatment modalities
 - A. Creating a treatment plan in relation to alcoholism
 - B. Counselor's assessment and diagnosis of the problem
 - C. Long and short term residential drug rehabilitation
 - D. Types of managed care health insurance plans
 - 1. HMO, health maintenance organization
 - 2. FFS, Fee for service
 - 3. PPOs, preferred provider organizations
 - 4. POS, point of service plan
 - 5. Medicare or Medicaid services
- III. Procedures for treatment
 - A. Treatment overview
 - B. Treatment interventions
 - C. Treatment of intravenous drug users
 - D. Treatment using the Cycle of Change
- IV. Assessment instruments
 - A. Assessment and diagnostic impressions
 - B. Management planning
 - C. Documentation style and form
 - D. Multiaxial assessment
 - E. Mental status exam
- V. Principle of privacy and confidentiality in records management - ethics, confidentiality and case management
- VI. Community Resources
 - A. Agency coordination of treatment plans
 - B. Development of referral networks of physicians, psychologists and social workers

Assignment:

Reading Assignments:

Students will be required to read and study the assigned chapters in the textbook and other selected reading in journals and hand-outs. 30-40 pages per week.

Writing Assignments:

1. One to three 5-7 page term papers giving examples of transformative thinking as it relates to substance abuse rehabilitation and dependency disorders.
2. One to three 5-7-page term papers describing multidimensional assessment instruments covering current substance abuse education and environmental constraints.

Exams:

May include a midterm and final exam, and two short exams. Mid-term and Final may include essay questions.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers

Writing
25 - 35%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Essay exams, Multiple choice

Exams
65 - 75%

Other: Includes any assessment tools that do not logically fit into the above categories.

None

Other Category
0 - 0%

Representative Textbooks and Materials:

American Psychiatric Publishing Textbook of Substance Abuse Treatment. Galanter, Marc and Kleber, Herbert D. American Psychiatric Publishing, Inc.: 2014.

Study Guide to Substance Abuse Treatment: A Companion to the American Psychiatric Publishing Textbook of Substance Abuse. Hales, Robert E., Bourgeois, James A., Shahrock, Narriman C., Galanter, Marc. American Psychiatric Publishing, Inc.: 2008.

Handouts: Materials of the National Institutes on Alcohol and Drug Abuse