COUN 7 Course Outline as of Fall 2020

CATALOG INFORMATION

Dept and Nbr: COUN 7 Title: IDENTITY & DIVERSITY
Full Title: Identity and Cultural Diversity
Last Reviewed: 3/10/2025

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	COUN 74

Catalog Description:
A comparative and historical analysis of society and individual behavior from a multicultural perspective. An examination of American ethnic/cultural groups (African, Asian, European, Latino and Native Americans) and experiences that influence behavior. The relationship between personality development and culture, barriers to cross cultural interaction, communication styles and counseling strategies will also be explored.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100 or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: A comparative and historical analysis of society and individual behavior from a multicultural perspective. An examination of American ethnic/cultural groups (African, Asian, European, Latino and Native Americans) and experiences that influence behavior. The relationship between personality development and culture, barriers to cross cultural interaction,

communication styles and counseling strategies will also be explored. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100 or equivalent
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2025	
	G	American Cultures/Ethnic Studies		
	L4	Social and Behavioral Sciences		
	D	Social and Behavioral Sciences	Fall 1995	Fall 2025
	G	American Cultures/Ethnic Studies		
CSU GE:	**Transfer Area**		Effective:	Inactive:
	D	Social Science	Fall 2010	
	D3	Ethnic Studies		
	D7	Interdisc Social or Behavioral Science		
	D	Social Science	Fall 1997	Fall 2010
	D7	Interdisc Social or Behavioral Science		
IGETC:	**Transfer Area**		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 2020	

CSU Transfer:	Transferable	Effective:	Fall 1995	Inactive:
UC Transfer:	Transferable	Effective:	Fall 2020	Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Recognize and articulate the social, political, economic, and cultural context that characterize individuals and groups.
2. Recognize and analyze individual self-awareness of identity and diversity within a socio-cultural context.
3. Describe counseling strategies related to the individual characteristics of a client, including but not limited to: disability, gender, sexual orientation, culture, ethnicity, age and health status.

Objectives:
Students will be able to:
1. Identify and analyze concepts of identity including personality as well as factors that

influence personal choice.
2. Define and discuss the basic components of culture including: values, attitudes, beliefs and socialization.
3. Analyze the biological aspects of cultural difference.
4. Define cultural groups (ethnicity, gender, sexual orientation, age, etc.)
5. Discuss concepts and theories regarding prejudice including: bias, stereotypes, ethnocentrism and racism.
6. Research, compare and contrast ethnic/cultural groups within the United States including but not limited to: African, Asian, European, Latino and Native American.
7. Identify and analyze cultural value systems contributing to prejudice and cross-cultural barriers.
8. Identify and analyze terms, concepts and theories related to verbal, non-verbal and inter-cultural communication.
9. Compare methods and approaches to effective cross-cultural interaction and personal change.
10. Discuss counseling strategies pertaining to different cultural groups.

Topics and Scope:

I. Introduction
   A. Vocabulary and terms related to identity, culture, prejudice, communication and cross-cultural interaction
   B. Imperatives for intercultural competence
II. Personality and Culture
   A. Dimensions of identity and personality
   B. DIE (Description, Interpretation and Evaluation)
   C. Components of culture, assimilation and acculturation
   D. Biological factors influencing cultural difference (physical attractiveness, body image, sex role typology)
   E. American culture and values, individuality and conformity
   F. American ethnic cultures: African, Asian, European, Latino and Native American
   G. Historical analysis of American and ethnic cultures
III. Cross-cultural Interactions
   A. Introduction to concepts of ethnocentrism, prejudice and racism
   B. White and male privilege in American society
   C. The perspective of culture-specific groups (ethnic, gender, sexual orientation, physical ability, etc.)
   D. Recognizing and identifying prejudices
IV. Cross-cultural Competencies
   A. Theories, concepts and cross cultural counseling strategies
   B. Negative consequences of stereotypes and differential status
   C. Barriers to effective intercultural interaction
   D. Effective methodologies for intercultural interaction

Assignment:

1. Three to five reaction papers of 1-2 pages each on: cultural identity, values, cultural observations, comparing/contrasting culture groups, prejudice and communication styles
2. A five page minimum research paper on a culture-specific group
3. Mid-term and final essay examinations
4. At the discretion of the instructor, oral presentation and/or group projects may be assigned
5. Reading 30-40 pages per week

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Reaction papers, Research paper	Writing 20 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Mid-term and final essay examinations	Exams 50 - 80%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentations and/or group project; class participation and attendance	Other Category 0 - 10%

Representative Textbooks and Materials:

Racial and Ethnic Groups. 15th ed. Schaefer, Richard. Prentice Hall. 2019

The Convergence of Race Ethnicity and Gender. 5th ed. Robinson, Tracy. Pearson-Prentice Hall. 2017

Race, Class and Gender. 9th ed. Andersen, Margaret and Collins, Patricia. Thomson/Wadsworth. 2016