COUN 93 Course Outline as of Fall 2020

CATALOG INFORMATION

Dept and Nbr: COUN 93 Title: INTRO TO CASE MANAGEMENT

Full Title: Introduction to Case Management

Last Reviewed: 3/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:

The different phases and components of case management as a model of service delivery will be explored. This course will also include experiential skill development relevant to the practice of case management in the human services field.

Prerequisites/Corequisites:

Recommended Preparation:

Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates; and Course Completion of COUN 90

Limits on Enrollment:

Schedule of Classes Information:

Description: The different phases and components of case management as a model of service delivery will be explored. This course will also include experiential skill development relevant to the practice of case management in the human services field. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent or appropriate placement based on

AB705 mandates; and Course Completion of COUN 90

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

IGETC: Transfer Area Effective: Inactive:

CSU Transfer: Transferable Effective: Fall 1999 Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

- 1. Conduct an intake assessment and write an intake summary.
- 2. Develop a service plan that identifies appropriate referrals and incorporates the principles of case management.
- 3. Record proper documentation on a case including writing case notes, maintaining a calendar, writing progress reports on schedule and completing forms.
- 4. Conduct a closing session with a client and write a closing report.

Objectives:

Students will be able to:

- 1. Differentiate the phases and components of case management.
- 2. Conduct intakes and assessments of clients' needs.
- 3. Synthesize and organize information on a case.
- 4. Write concise reports and case notes.
- 5. Identify appropriate referrals and coordinate client services.
- 6. Prioritize tasks and develop a system of time management needed to manage a large caseload.
- 7. Incorporate counseling skills.
- 8. Develop a plan of service, including writing problem and goal statements, and action steps.
- 9. Develop and implement problem-solving strategies in response to the evaluation of client progress and case study practice.
- 10. Examine the organizational structure of human service agencies.
- 11. Conduct a case staffing/case conference.
- 12. Identify ethical issues as they pertain to the case management process, and identify strategies for resolving ethical dilemmas.
- 13. Identify roles in the case management process.

- 14. Demonstrate interviewing techniques and skills.
- 15. Demonstrate assessment techniques and skills.

Topics and Scope:

- I. Introduction to Case Management
 - A. Definition of case management
 - B. History of case management
 - C. Goals of case management
 - D. Phases of case management
 - E. Roles and skills of the case manager
 - F. Careers in case management
 - G. Principles of case management
- II. The Assessment Phase of Case Management
 - A. Conducting an intake interview and establishing client rapport
 - B. Completing intake forms
 - C. Gathering information and assessing client needs
 - D. Problem identification, eligibility determination and problem severity
 - E. Writing intake report summary
 - F. Interviewing techniques and skills: active listening, questioning, responding
- III. Administrative Functions of Case Management
 - A. Case Notes
 - B. Documentation
 - C. Completing Forms
 - D. Time Management
- IV. The Planning Phase of Case Management
 - A. Formulating complete picture of client
 - B. Developing plan of service
 - C. Making referrals and arranging for services
 - D. Counseling skills:
 - 1. Confrontation
 - 2. Boundary setting
 - 3. Motivational techniques
 - E. Online resources
- V. Implementation Phase of Case Management
 - A. Monitoring client participation and service delivery
 - B. Problem solving and case conferencing
 - C. Counseling intervention
 - D. Writing progress reports
- VI. Understanding the Organizational Structure of Human Service Agencies
 - A. Mission statements
 - B. Funding sources and limitations
 - C. Structure and chains of command
 - D. Policies and procedures
- VII. Case Closure
 - A. Counseling tasks during closure
 - B. Writing closing reports
- VIII. Ethical and Legal Issues in Case Management
 - A. Confidentiality
 - B. Working with potentially violent clients
 - C. Family issues

- D. Duty to warn
- E. Issues of autonomy
- F. Ethical dilemmas

Assignment:

- 1. Textbook: read an average of thirty pages per week
- 2. Two intake interview reports based on in-class intake interview with fellow students as clients
- 3. Two service plans based on in-class meetings with fellow students as clients
- 4. Two progress reports based on in-class follow-up sessions with fellow students as clients
- 5. One information and referral assignment (I & R)
- 6. One time management calendar
- 7. Two sets of case notes, one page for each set
- 8. One closing report
- 9. Two skill based written exercises (written homework)
- 10. Midterm and final exam

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, intake, progress, and closing reports

Writing 20 - 30%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Information and referral, time management calendar, service plan development

Problem solving 20 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Midterm and Final

Exams 20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Case notes, participation

Other Category 20 - 40%

Representative Textbooks and Mate Generalist Case Management. 5th ed.	e rials: Woodside,	, Marianne and McCla	am, Tricia. Cengage	e. 2017