#### **RADT 63B Course Outline as of Fall 2019**

## **CATALOG INFORMATION**

Dept and Nbr: RADT 63B Title: RADIOBIOLOGY/RAD PROTECT

Full Title: Radiobiology Radiation Protection, and Quality Control

Last Reviewed: 9/25/2023

| Units   |      | Course Hours per Week |      | Nbr of Weeks | <b>Course Hours Total</b> |       |
|---------|------|-----------------------|------|--------------|---------------------------|-------|
| Maximum | 3.00 | Lecture Scheduled     | 2.00 | 17.5         | Lecture Scheduled         | 35.00 |
| Minimum | 3.00 | Lab Scheduled         | 3.00 | 17.5         | Lab Scheduled             | 52.50 |
|         |      | Contact DHR           | 0    |              | Contact DHR               | 0     |
|         |      | Contact Total         | 5.00 |              | Contact Total             | 87.50 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR           | 0     |

Total Out of Class Hours: 70.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

#### **Catalog Description:**

Principles of radiobiology, the short and long-term effects of radiation, health physics, introduction to fluoroscopy, quality control, and radiation protection procedures and design.

# **Prerequisites/Corequisites:**

Course Completion of RADT 63A and Concurrent Enrollment in RADT 71D

#### **Recommended Preparation:**

#### **Limits on Enrollment:**

Acceptance in program

#### **Schedule of Classes Information:**

Description: Principles of radiobiology, the short and long-term effects of radiation, health physics, introduction to fluoroscopy, quality control, and radiation protection procedures and design. (Grade Only)

Prerequisites/Corequisites: Course Completion of RADT 63A and Concurrent Enrollment in

RADT 71D Recommended:

Kecommended.

Limits on Enrollment: Acceptance in program

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# Certificate/Major Applicable:

Both Certificate and Major Applicable

## **COURSE CONTENT**

#### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Explain the effects of radiation exposure on human tissues.
- 2. Implement effective measures of radiation protection in any radiology department.
- 3. Evaluate the performance of radiographic systems in relation to radiation safety.

## **Objectives:**

Upon completion of this course students will be able to:

- 1. Define quality assurance and quality control.
- 2. Identify the early and late effects of radiation.
- 3. Differentiate between early and late effects of radiation.
- 4. Evaluate the radiosensitivity of tissues and organs.
- 5. Identify various stages of cell division, proliferation and cancer induction.
- 6. Describe the processes of mitosis and meiosis.
- 7. Explain the cardinal principles of radiation protection.
- 8. List, discuss, and explain the long and short term hazards of radiation to human beings.
- 9. Explain the cardinal principles of radiation protection.
- 10. Discuss the ALARA (As Low As Reasonably Achievable) principle.
- 11. Describe the radiation dose-response relationship.
- 12. Describe the three acute radiation syndromes.
- 13. Explain the theories and list the methods for radiation protection of medical personnel and patients.
- 14. List all of the State and National Radiation Health and Safety regulations for radiologic technology personnel.
- 15. List the fundamental principles of fluoroscopy and their impact on radiation protection.
- 16. Explain the design for radiation protection.

# **Topics and Scope:**

I. Human Response to Radiation

- A. Cell theory
- B. Molecular composition
- C. Tissues and organs
- II. Biologic Aspects
  - A. Law of Bergonie and Tribondeau
  - B. Radiation responses
  - C. Dose response relationships
  - D. Biological factors in radiosensitivity
  - E. Genetic impact
  - F. Embryonic and fetal risks
  - G. Somatic effects
- III. Irradiation of Macromolecules
  - A. Point lesions
  - B. Macromolecular synthesis
  - C. Radiation effects on DNA
  - D. Cell recovery
- IV. Linear Energy Transfer
- V. Relative Biological Effectiveness
- VI. Acute Radiation Lethality
  - A. Prodromal period
  - B. Hematologic syndrome
  - C. Gastrointestinal syndrome
  - D. Central nervous system syndrome
  - E. Mean survival time
  - F. Local tissue damage
  - G. Hematologic effects
  - H. Cytogenetic effects
  - I. Late effects of radiation exposure
  - J. Early effects of radiation exposure
- VII. Minimizing Patient Exposure
  - A. Exposure factors
  - B. Shielding
  - C. Beam restriction
  - D. Filtration
  - E. Patient considerations
  - F. Dose documentation
  - G. Image receptors
  - H. Grids
  - I. Fluoroscopy
  - J. Dose area product
- VIII. Radiation Health Physics
  - A. ALARA principle
  - B. Pregnancy policy
  - C. Occupational dose
  - D. Patient exposure dose
  - E. General public exposure dose
  - F. Ethical considerations
- IX. Personnel Protection
  - A. Sources of exposure
    - 1. primary beam
    - 2. secondary radiation
  - B. Methods of protection time, distance, shielding

- C. Protective devices
- D. Special considerations
  - 1. mobile units
  - 2. fluoroscopic
- E. Radiation exposure and monitoring
- F. Handling radioactive materials
- G. Designing for radiation protection
- X. Quality Control
  - A. Radiographic
  - B. Fluoroscopic
  - C. Computerized tomography
- XI. Quality Assurance Procedure Regulations/Dose Limits
  - A. Federal Regulatory Agency
  - B. California Department of Public Health
  - C. California Code of Regulations Title 17

#### Lab:

- XII. Laboratory Experiments
  - A. Radiographic quality control
    - 1. coincidence of x-ray beam and light field
    - 2. kVp accuracy
    - 3. source image receptor distance indicator
    - 4. timer accuracy
    - 5. focal spot accuracy
    - 6. exposure linearity
    - 7. exposure reproducibility
  - B. Verification of the new mAs formula
  - C. Reduction of patient exposure
  - D. Inverse Square Law
  - E. Occupational exposure reduction
  - F. Radiation protection
    - 1. time, distance, shielding
    - 2. protective devices: aprons, gloves, thyroid shields, gonadal shielding
    - 3. collimation
  - G. Automatic exposure control
  - H. Digital imaging
    - 1. technical factors
    - 2. image artifacts
    - 3. processing algorithms
    - 4. processing histograms
  - I. Grids
  - J. Collimation
  - K. Control of scatter radiation
  - L. Fluoroscopy
    - 1. operation
    - 2. radiation protection
      - a. patient
      - b. occupational
    - 3. image lag
    - 4. quality control
      - a. technical factors
      - b. dead man switch

- c. collimation
- d. gloves, aprons, thyroid shields

## **Assignment:**

Lecture-Related Assignments:

- 1. Participation in class discussion
- 2. Weekly chapter reading (10-40 pages/week)
- 3. Ten Quizzes, one mid-term and one written final

#### Lab-Related Assignments:

- 1. Complete weekly lab reports on x-ray production, x-ray emission, technique factor manipulation, image quality and radiation protection.
- 2. Completion of one ALARA project
- 3. One final lab exam
- 4. Weekly chapter assignments

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Lab reports, weekly chapter assignments

Writing 0 - 10%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

ALARA project

Problem solving 10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Lab final exam

Skill Demonstrations 10 - 20%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, mid-term, written final

Exams 70 - 80%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category 0 - 5%

# **Representative Textbooks and Materials:**

Radiologic Science for Technologists. 11th ed. Bushong, Stewart. Mosby. 2017 Instructor-prepared material