DANCE 16.5 Course Outline as of Fall 2019

CATALOG INFORMATION

Dept and Nbr: DANCE 16.5 Title: MODERN DANCE V
Full Title: Modern Dance V
Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	6	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25 Total Student Learning Hours: 78.75

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	DANCE 86.5

Catalog Description:
This course for high- intermediate (Level V) dancers covers high- intermediate (Level V) modern dance skills in the areas of technique and movement vocabulary as well as the use of space, time, and energy. The course also includes improvisation, experiences in choreography, and a focus on refinement of performance skills.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of DANC 16.4 (or DANCE 16.4)

Limits on Enrollment:

Schedule of Classes Information:
Description: This course for high- intermediate (Level V) dancers covers high- intermediate (Level V) modern dance skills in the areas of technique and movement vocabulary as well as the use of space, time, and energy. The course also includes improvisation, experiences in choreography, and a focus on refinement of performance skills. (Grade or P/NP)
Prerequisites/Corequisites:

Recommended: Course Completion of DANC 16.4 (or DANCE 16.4)
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
	L8	Student Success and Wellness		Fall 2025	
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2013	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 2013	Inactive:	

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Execute and analyze high-intermediate (Level V) modern dance sequences using applicable dance vocabulary.
2. Perform high-intermediate (Level V) modern dance choreography.
3. Choreograph a high-intermediate (Level V) modern dance combination.

Objectives:
At the conclusion of this course, the student should be able to:
1. Utilize modern dance terminology to describe high-intermediate (Level V) modern dance exercises, technical principles, and movement vocabulary.
2. Perform high-intermediate (Level V) modern dance warm-ups, techniques, stretching and strengthening exercises, movement vocabulary, and choreography.
3. Describe technical principles incorporated in high-intermediate (Level V) modern dance and apply to the execution of high-intermediate (Level V) modern dance movement.
4. Analyze elements of space and energy inherent in high- intermediate (Level V) modern dance movement.
5. Create original dance movement through high-intermediate (Level V) level modern dance improvisations and choreographic studies.
6. Display performance skills in presentations of high-intermediate (Level V) modern dance choreography.
7. Identify basic rhythmical concepts and relate these concepts to the execution of high-intermediate (Level V) modern dance movement.
8. Count high-intermediate (Level V) modern dance movement sequences.
9. Critique a modern dance performance or dance piece applyig high-intermediate (Level V) modern dance concepts.

Topics and Scope:

I. Level V Modern Dance Terminology and Corresponding Movement Vocabulary
II. Level V Modern Dance Technique
  A. Technical principles
    1. Alignment
    2. Balance
    3. Flexion
    4. Extension
    5. Turn-out and inward rotation of the legs
    6. Off-center movement
    7. Initiation of movement with breath and core
  B. Floor work
    1. Warming up
    2. Stretching, extremity and core
    3. Strengthening
  C. Locomotor Movements
    1. Triplet
    2. Prances
    3. Walks
    4. Runs
    5. Leaps
  D. Linking movements
    1. Across the floor
    2. Center combinations
III. Picking Up and Retaining Choreography
IV. Elements of Dance in Level V Modern Dance Movement
  A. Space
    1. Use of level
    2. Facing
    3. Direction
    4. Dimension
    5. Planes
  B. Time
    1. Tempo
    2. Rhythm
  C. Energy
    1. Use of weight
    2. Movement qualities
V. Performance Skills such as:
  A. Projection
  B. Dynamics
  C. Musicality (including reflecting musical mood, accents, dynamics in the performance of dance movement)
  D. Managing performance anxiety
  E. Use of breath
  F. Creating the illusion of effortlessness
VI. Creative Problem Solving Based on Elements of Modern Dance (Space, Time, and Energy) or other Paradigms such as Gesture and Contact
  A. Improvisation
  B. Choreographing a Level V level modern dance study
VII. How to Execute Modern Dance Movement. Each Instructor Approaches the "How to" of

Executing Dance Movement Differently. Pedagogy may include
A. Verbal descriptions
1. Dance terminology
2. Use of imagery
3. Biomechanics (Anatomical and kinesiological references)
B. Demonstration of movement
C. Tactile information (hands-on)
D. Kinesthetic awareness enhancing tools or methods
E. Corrections
F. Critical analysis of performed movement
VIII. Critiquing Modern Dance Choreography - What to Look for in a Modern Dance Work

Assignment:

Lecture-Related Assignmtns:
1. Weekly practice of instructor choreography and dance skills covered in class sessions
2. Choreographing original dance movement either alone or with a partner or group
3. Performing exercises to strengthen and/or stretch muscle groups required to execute dance movements
4. Written critique of a dance piece or performance (based on a performance from the current semester, or for video viewing option, instructor will provide or approve a video) (2 - 3 pages)
5. Reading of handouts and/or selected readings (5-10 pages per week)

Lab-Related Assignmtns:
1. Modern dance technique class activities assessed in terms of overall improvement (class performances)
2. Performance exams (1 - 3)
3. Improvisations (participation grade)
4. Note-taking
5. Practice sessions
6. Final exam

Optional assignments:
1. Modern dance video viewing and analysis
2. Partner activities focusing on dance technique
3. Student choreography work sessions

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique	Writing 5 - 11%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams, choreographic assignment, improvisations	Skill Demonstrations 40 - 60%

Exams: All forms of formal testing, other than skill performance exams.

Midterm and Final Exams	Exams 5 - 11%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and Participation	Other Category 20 - 40%

Representative Textbooks and Materials:
Instructor prepared materials
Introduction to Modern Dance Techniques. Legg, Joshua. Heuer Publishing. 2011 (classic)
The Dancer Prepares: Modern Dance for Beginners. 5th ed. Penrod, James and Gudde Plastino, Janice. McGraw-Hill. 2004 (classic)
Dance, Mind and Body. Cerny Minton, Sandra. Human Kinetics. 2003 (classic)