#### ATHL 29L Course Outline as of Fall 2019

## **CATALOG INFORMATION**

Dept and Nbr: ATHL 29L Title: SOCCER LAB

Full Title: Soccer Lab Last Reviewed: 3/8/2021

Units		Course Hours per Week	N	br of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25 Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.2

#### **Catalog Description:**

Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts.

## **Prerequisites/Corequisites:**

Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28

#### **Recommended Preparation:**

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts. (Grade or P/NP)

Prerequisites/Corequisites: Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28 Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

**AS Degree:** Effective: **Inactive:** Area **CSU GE: Transfer Area** Effective: Inactive:

**IGETC: Transfer Area Inactive:** Effective:

**CSU Transfer:** Transferable Effective: Fall 1984 **Inactive:** 

**UC Transfer:** Transferable Effective: Fall 1984 Inactive:

CID:

## Certificate/Major Applicable:

Major Applicable Course

#### **COURSE CONTENT**

## **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Identify and assess offensive and defensive strategies of an opponent.
- 2. Formulate appropriate offensive and defensive strategies based on the assessment of the opponent's schemes and personnel.

## **Objectives:**

Students will be able to:

- 1. Identify and explain basic offensive and defensive strategies.
- 2. Analyze offensive and defensive strategies and personnel through the use of film, scouting reports, and established soccer criteria.
- 3. Formulate a variety of offensive and defensive strategies based on the opponent's schemes and strategies.

## **Topics and Scope:**

- I. Advanced Skills in Relationship to Positional Play on the Field
  - A. Forwards
  - B. Half Backs
  - C. Full backs
- II. Use of Offensive and Defensive Deadball Situations from Scouting Reports and Flms
  - A. Offensive formations
  - B. Defensive formations
  - C. Specialty formations
- III. Establish Various Systems of Play and Team Tactics Based on Team and Opposing team capabilities A. Pressure

  - B. Passing
  - C. Shooting
- IV. Introduction of Various Offensive and Defensive Techniques in Match Situations
  - A. Offensive formations

- B. Defensive formations
- C. Specialty formations
- D. Opponent personnel

#### **Assignment:**

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

- 1. In-class work may include:
  - a. Film analysis
  - b. Note taking and developing a playbook
  - c. Physical training and conditioning
  - d. Development and demonstration of related skills including practice and game performance
  - e. Establishing team goals
  - f. Quizzes
- 2. Fieldwork may include:
  - a. Scouting reports execution
  - b. Playbook application
  - c. Intercollegiate competition

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking, playbook development

Writing 10 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances, performance exams

Skill Demonstrations 20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, multiple choice, true/false

Exams 10 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category 30 - 50%

Representative Textbooks and Materials:
Premier Soccer; Skills, tactics and strategies for winning play. Parker, Michael. Human Kinetics. 2008 (classic)
Instructor prepared materials