# **PSYCH 56 Course Outline as of Spring 2019**

# **CATALOG INFORMATION**

Dept and Nbr: PSYCH 56 Title: AGING, DYING & DEATH

Full Title: Aging, Dying and Death

Last Reviewed: 12/9/2019

Units		Course Hours per Week	•	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PSYCH 6

### **Catalog Description:**

Examination of aging, dying, death, and bereavement process in contemporary society.

### **Prerequisites/Corequisites:**

## **Recommended Preparation:**

Eligibility for ENGL 1A or equivalent

### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: Examination of aging, dying, death, and bereavement process in contemporary

society. (Grade or P/NP) Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

E Lifelong Learning and Self Fall 1981

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive:

Development

**UC Transfer:** Effective: Inactive:

CID:

# **Certificate/Major Applicable:**

Both Certificate and Major Applicable

### **COURSE CONTENT**

# **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Describe major theories, principles, and trends that address the process of aging, dying, death, and bereavement from cross-cultural, historical, and contemporary perspectives.
- 2. Identify different types of death systems, death rituals, ways to mourn, and belief systems about what happens beyond death.
- 3. Examine the role of ethnicity, gender, socioeconomic status, and historical circumstances when dealing with loss, aging, dying, and death.
- 4. Describe the experience and understanding of aging, dying, and death from a developmental perspective.
- 5. Apply course knowledge to personal and responses to mortality and experiences of bereavement.

# **Objectives:**

Upon completion of this course, students will be able to:

- 1. Describe current trends in life expectancies, demographics, and attitudes toward adulthood, "old age," death and dying.
- 2. Compare and contrast prominent theories on adult development and aging.
- 3. Summarize age-related physical diseases and psychological problems.
- 4. Examine how the process of aging affects intelligence, memory, creativity, problem-solving and decision-making skills.
- 5. Describe different types of intimate partnerships in adulthood.
- 6. Examine the role of gender, socioeconomic status, personality, and health on choice of work and retirement.
- 7. Provide a list of stressors encountered by the aging person and generate ways to ameliorate the stress.
- 8. Discriminate among concepts of suicide, assisted-suicide, and euthanasia; and summarize death/burial rituals and the grieving process following death.
- 9. Identify a variety of modes/types of death and review the bereavement, grief and mourning process of the survivor.
- 10. Describe the funeral system, with emphasis in death notification, funeral service selection

## **Topics and Scope:**

- 1. Defining the Journey: Some Assumptions, Definitions, and Methods
- 2. Sociocultural Adult Development and Learning Theory of Death:
- 3. Physical Changes
- 4. Health, Health Habits, and Health Care
- 5. Changes in Cognitive Abilities
- 6. Social Roles
- 7. Development of Relationships
- 8. Work and Retirement
- 9. Personality Stability and Change
- 10. Stress and Resistance
- 11. Death, Dying and Bereavement
- 12. Facing Death: Living with Life-Threatening Illness
- 13. Medical Ethics: Euthanasia and Dying in a Technological Age
- 14. Survivors: Understanding the Experience of Loss
- 15. Late Rites: Funerals and Body Disposition
- 16. The Law and Death
- 17. Death in the Lives of Children and Adolescents
- 18. Suicide
- 19. Risks of Death in the Modern World
- 20. Beyond Death/After Life

# **Assignment:**

- 1. Read approximately 25-35 pages per week, and recapitulate assigned material in the textbook, and if applicable, supplements.
- 2. Take 2-4 exams and one final exam on lectures, reading, concepts, and terminology.
- 3. Write approximately 1000-1500 word essay(s) or term/research paper for the purpose of learning research skills, enhancing course knowledge, and improve critical thinking and writing skills.
- 4. Oral presentations, group projects, and/or portfolio projects may be assigned.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, term, interview, journals, or research papers

Writing 10 - 25%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, true/flase, fll-in, short answer, essay exams

Exams 75 - 90%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Oral presentations, group projects, and/or portfolio projects may be assigned.

Other Category 0 - 10%

## **Representative Textbooks and Materials:**

Journey of Adulthood, 7th edition. Bjorklund, B. R., Upper Saddle River, NJ: Pearson: 2010. Adult Development and Aging, 6th edition. Cavanaugh, J. C. and Blanchard-Fields, F., Belmont, CA: Wadsworth: 2011.

Death and Dying, Life and Living, 7th edition. Corr, C., and Corr, D. M., Connecticut: Cengage: 2013.

Aging, the Individual, and Society, 9th edition. Hillier, S., and Barrow, G., Belmont, CA: Wadsworth: 2011.

Social Gerontology: A Multidisciplinary Perspective, 9th edition. Hooyman, N. and Kiyak, H., Asuman., Upper Saddle River, NJ: Pearson: 2010.

Social Gerontology, 3rd edition. Hooyman, N. and Kiyak, H., Upper Saddle River, NJ: Pearson: 2010.

Death, Society, and Human Experience, 11th edition. Kastenbaum, R., Upper Saddle River, NJ: Pearson: 2011.

Understanding Dying, Death, and Bereavement, 7th edition. Leming, M. and Dickinson, G., Belmont, CA: Wadsworth: 2011.

The Last Dance, 9th edition. DeSelder, L. and Strickland, A., Boston, MA: McGraw-Hill: 2012.