Approved New Course (First Version)

ADLTED 737.2 Course Outline as of Summer 2019

CATALOG INFORMATION

Dept and Nbr: ADLTED 737.2 Title: PERSONAL CARE 2: DEMENT
Full Title: Personal Care Attendant 2: Dementia and End of Life Care
Last Reviewed: 11/26/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0	Lecture Scheduled	0	8	Lecture Scheduled	0
Minimum	0	Lab Scheduled	6.00	4	Lab Scheduled	48.00
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	48.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00   Total Student Learning Hours: 48.00

Title 5 Category: Non-Credit
Grading: Non-Credit Course
Repeatability: 27 - Exempt From Repeat Provisions
Also Listed As:
Formerly:

Catalog Description:
Introduction to caregiving skills for patients with dementia, including Alzheimer's disease.
Emphasis is on types and causes of dementia, principles of end-of-life care, advanced planning,
emotional issues related to death and dying, cultural diversity as related to death and dying, and
community resources to support families and caregivers.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of ADLTED 737.1

Limits on Enrollment:

Schedule of Classes Information:
Description: Introduction to caregiving skills for patients with dementia, including Alzheimer's
disease. Emphasis is on types and causes of dementia, principles of end-of-life care, advanced
planning, emotional issues related to death and dying, cultural diversity as related to death and
dying, and community resources to support families and caregivers. (Non-Credit Course)
Prerequisites/Corequisites:

Recommended: Course Completion of ADLTED 737.1
Limits on Enrollment:
Transfer Credit:
Repeatability: Exempt From Repeat Provisions

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**	Effective:	Inactive:
CSU GE:	**Transfer Area**	Effective:	Inactive:
IGETC:	**Transfer Area**	Effective:	Inactive:

CSU Transfer: Effective: Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:
Certificate Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Categorize forms and stages of dementia, including Alzheimer's disease.
2. Explain strategies for dealing with communication and behaviorally-based challenges associated with dementia from the perspective of a caregiver.
3. List and explain community resources available to assist families with dementia and end-of-life care.

Objectives:
Upon completion of the course, students will be able to:
1. Explain and contrast symptoms of various forms of dementia
2. Outline the progression of Alzheimer's disease
3. Examine and evaluate difficulties faced by families of clients with dementia
4. Explain the communication and behavioral difficulties in dementia client case studies
5. Evaluate response techniques to communication and behavioral difficulties
6. Examine common emotional responses to dementia from the family's and the caregiver's perspective
7. Evaluate enrichment activities and their benefits to clients with dementia
8. List and explain different types of end-of-life care
9. Discuss the various types of local resources available for end of life care assistance
10. Explain the importance of respite care

Topics and Scope:

I. Introduction to Types of Dementia
   A. Definitions of Alzheimer's disease and other forms of dementia
   B. Symptoms of various forms of dementia
   C. Stages of disease progression
   D. Experiences of person with Alzheimer's

E. Difficulties faced by families in dealing with Alzheimer's
F. Necessary personal attributes of persons who care for clients with dementia

II. Communication
    A. Causes of communication difficulties
    B. Strategies to deal with communication difficulties
    C. How to communicate with the client when verbal communication is absent
    D. Dealing with one's own frustration when communication fails
    E. Being sensitive to both client and family as a new communication style develops

III. Challenging Behaviors
    A. Definitions of the most common problem behaviors
    B. Techniques for dealing with common behavior problems
    C. Emotional responses to behaviors
    D. Barriers to care when problem behaviors exist
    E. Reaching out for support, advice, and new approaches

IV. Activities
    A. Individualized approaches to assisting with activities of daily living
    B. Creative activities for enjoyment and stimulation
    C. Using simple resources for enjoyment and recreation
    D. Alzheimer's and dementia resources in Sonoma County

V. Culturally Diverse End-of-Life Care
    A. Cultural competency
    B. Use of traditional healing
    C. Family dynamics

VI. Respite Care

Assignment:

1. Case studies paired with problem-solving activities (3 to 5)
2. Poster of local resources for activities and recreation
3. Quiz on definitions of dementia and Alzheimer's
4. Role-playing communication problems (7 to 10)
5. Role-playing family communications (5 to 7)

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills
and/or require students to select, organize and explain ideas
in writing.

None		Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that
demonstrate competence in computational or non-
computational problem solving skills.

Case studies		Problem solving 20 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Roleplaying activities	Skill Demonstrations 30 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Quiz	Exams 10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Active participation and attendance; poster	Other Category 30 - 40%

Representative Textbooks and Materials:
Instructor prepared materials
Providing Home Care. 4th ed. Leahy, William and Fuzy, Jetta and Grafe, Julie. Hartman. 2013 (classic)