

CATALOG INFORMATION

Dept and Nbr: KTEAM 7.1 Title: INDOOR SOCCER
Full Title: Indoor Soccer
Last Reviewed: 2/27/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: PHYED 93

Catalog Description:
This activity course is designed to teach basic indoor soccer fundamentals and rules of the game.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: This activity course is designed to teach basic indoor soccer fundamentals and rules of the game. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Demonstrate knowledge of rules and skills to compete in indoor soccer.
2. Apply tactical components of team play
3. Utilize indoor soccer training techniques

Objectives:

Upon completion of the course the student will:

1. Understand the rules and skills of indoor soccer.
2. Develop the tactical components of team play.
3. Develop conditioning routines for participation in indoor soccer.
4. Understand basic positional play.

Topics and Scope:

- I. Introduction to the Game
 - A. Safety of players
 - B. Equipment needs
 - C. Terminology of soccer
- II. The Field of Play
 - A. Position of the players
 1. Offensive
 2. Defensive
 - B. Rules of the game
 - C. Court markings
- III. Basic Individual Skills
 - A. Kicking
 - B. Shooting
 - C. Dribbling
 - D. Trapping
 - E. Passing
- IV. Positional play
 - A. Goalkeepers

- B. Defenders
- C. Strikers
- V. Team Tactics
 - A. Systems of play
 - B. Dead ball situations
 - C. Team scrimmages

Assignment:

Students are required to spend an additional one and one-half hours per week outside of class working on one or more of the assignments listed below; or other assignment as directed by the instructor.

1. Competitive situational soccer in-class activities
2. 1-3 performance/skill exams
3. 1-3 multiple choice and/or true/false quizzes
4. Review of game rules and player safety considerations

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category
40 - 60%

Representative Textbooks and Materials:

Soccer Steps to Success

Human Kinetics, 2014

Instructor prepared materials