ATHL 30 Course Outline as of Fall 2016

CATALOG INFORMATION

Dept and Nbr: ATHL 30 Title: THEORY ANALYSIS SOCCER

Full Title: Theory and Analysis of Soccer

Last Reviewed: 2/6/2023

Units		Course Hours per Week	k N	Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25 Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

Catalog Description:

Explanation, organization, and development of various tactical and technical systems in soccer.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Explanation, organization, and development of various tactical and technical

systems in soccer. (Grade or P/NP)

Prerequisites/Corequisites: Recommended:

Limits on Enrollment: Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

IGETC: Transfer Area Effective: Inactive:

CSU Transfer: Transferable Effective: Fall 1981 Inactive:

UC Transfer: Transferable Effective: Fall 1981 Inactive:

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

- 1. Identify and assess the offensive and defensive strategies of an opponent.
- 2. Formulate appropriate tactical strategies based on the assessment of the opponent's offensive and defensive strategies.
- 3. Evaluate and assess soccer personnel.

Objectives:

- 1. Identify and explain basic offensive and defensive strategies.
- 2. Analyze strategies and personnel through the use of film, scouting reports, and established offensive criteria.
- 3. Formulate a variety of strategies based on specific strategies and personnel of opponents.

Topics and Scope:

- 1. Basic offensive strategies
 - a. Ball control
 - b. Pressure offense
- 2. Film and scouting report analysis
 - a. Personnel and team performance assessment
 - b. Opponent personnel and performance assessment
- 3. Basic defensive strategies
 - a. Zone defense
 - b. Man defense
- 4. Player assessment
 - a. Scouting
 - b. Film
 - c. Statistics

Assignment:

Students are expected to spend an additional one and one-half hours per week devoted to studies related to this class.

Representative Assignments:

- 1. Creating and analyzing scouting reports (3-5)
- 2. Developing a playbook
- 3. Diagramming specific offensive and defensive strategies (3-5)
- 4. Film analysis (1 per week)
- 5. Logs and critiques of offensive and defensive schemes (5-8)
- 6. Quizzes (3-5)
- 7. Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Playbook, scouting reports, logs, strategy diagrams and logs/critiques

Writing 30 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Film analysis

Problem solving 10 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, completion

Exams 20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category 20 - 30%

Representative Textbooks and Materials:

Soccer Systems & Strategies Bangsbo, J., Peitersen, B. (2000) classic

Instructor prepared materials