

CATALOG INFORMATION

Dept and Nbr: KTEAM 6.1

Title: BEGINNING SOCCER

Full Title: Beginning Soccer

Last Reviewed: 2/26/2024

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PHYED 92.1

Catalog Description:
The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis is placed on drills and competitive play situation.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis is placed on drills and competitive play situation. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:

IGETC:	Transfer Area	Effective:	Inactive:
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CSU Transfer:	Transferable	Effective:	Spring 1982	Inactive:
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UC Transfer:	Transferable	Effective:	Spring 1982	Inactive:
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CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

1. Execute beginning level, offensive and defensive fundamentals of soccer.
2. Analyze beginning techniques of shooting, passing and dribbling.
3. Incorporate strategies for attacking various defensive alignments.
4. Demonstrate knowledge of the mental aspects of beginning soccer.

Topics and Scope:

- I. Beginning techniques and principles of individual offense
 - A. Passing
 - B. Shooting
 - C. Ball handling
 - D. Screening and using screens
- II. Beginning techniques and principles of individual defensive
 - A. Stance
 - B. Positioning
 - C. Boxing out
- III. Beginning techniques and principles of team offense
 - A. Spacing
 - B. Ball Movement
 - C. Execution of plays
 - D. Continuity offense
- IV. Beginning techniques and principles of team defense
 - A. Man to man techniques and positioning
 - B. Zone defenses
- V. Mental aspects of beginning soccer

VII. Rules of Play

Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

1. Practice and analyze beginning soccer skills and fundamentals
2. In-class competitive soccer situations
3. Performance exams (3 to 5 skill tests) throughout the semester
4. Multiple choice and/or true/false quizzes (1-5)

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Analyze beginning soccer skills and fundamentals

Problem solving
10 - 20%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Beginning soccer skills and fundamentals, in class soccer situations, 3 to 5 performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

1 to 5 multiple choice, true/false quizzes

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category
30 - 50%

Representative Textbooks and Materials:

Soccer Skills and Drills [Book] Lennox, James, W.; Rayfield, Janet; and Steffen, Bill
National Soccer Coaches Association of America in Books; Amazon.com