

**EQSCI 121 Course Outline as of Fall 2015****CATALOG INFORMATION**

Dept and Nbr: EQSCI 121 Title: THERAPEUTIC RIDING PRGM

Full Title: Therapeutic Riding Program Procedures

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.50	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 87.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 111

**Catalog Description:**

Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of program horses.

**Prerequisites/Corequisites:**

Course Completion of EQSCI 120

**Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of program horses. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion of EQSCI 120

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>
<b>UC Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Identify problems and solutions related to the therapeutic riding setting.
2. Identify and practice skills needed in the subject area.
3. Demonstrate application of new and innovative techniques and information in the subject areas.
4. Demonstrate and articulate the roles and tasks of persons assisting in a therapeutic riding milieu.
5. Demonstrate procedures for assisting a rider with ground and mounted activities.
6. Evaluate a horse for use in a therapeutic riding program.
7. List components of a conditioning and training program for a therapeutic riding horse.
8. Demonstrate safe horse handling skills.
9. Describe proper saddle and equipment fit to horse and rider.
10. Identify components of a horse health maintenance record keeping system.
11. Discuss ethical considerations in the use of horses used in a therapeutic riding program.

### **Topics and Scope:**

1. Characteristics of disabilities served.
2. Safety principles and emergency procedures in lesson implementation.
3. Signs of stress, fatigue, and other conditions in the horse and/or rider.
4. Strategies for assisting and implementing riding lesson plans.
5. Adaptive and other types of equipment.
6. Basic horsemanship skills to include: catching, leading, tying, grooming, tacking, and warm-up.
7. Interpersonal skills which present information to the student with disabilities, peers, and other staff in a clear and respectful manner.

8. Selection and management of the program horse.
9. Ground handling skills, control, and safety concerns.
10. Tack selection, and fitting appropriate to individual horses and participant.
11. Documentation procedures for the health, training, use of horses.
12. Ethical considerations involved in the use of horses.

### Assignment:

1. Read and research a variety of riding topics related to handicapped students.
2. Discuss research regarding therapeutic riding.
3. Research various riding skills related to the handicapped rider.
4. Objective examinations: multiple choice, true/false, matching items, completion.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field Work

Problem solving  
35 - 50%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams

Skill Demonstrations  
40 - 55%

**Exams:** All forms of formal testing, other than skill performance exams.

Objective tests: Multiple choice, True/false, Matching items, Completion

Exams  
10 - 25%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

### Representative Textbooks and Materials:

The Horse, The Handicapped, and The Riding Team in a Therapeutic Riding Program, Barbara Teichman Engel, Margaret Lois Galloway, Mary P. Bull. Barbara Engel Therapy Services: 1994. (Classic)

