4/27/2024 4:45 AM

ATHL 29L Course Outline as of Spring 2015

CATALOG INFORMATION

Dept and Nbr: ATHL 29L Title: SOCCER LAB Full Title: Soccer Lab Last Reviewed: 3/8/2021

Units		Course Hours per Week	N	br of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 71.2

Catalog Description:

Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts.

Prerequisites/Corequisites: Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts. (Grade or P/NP) Prerequisites/Corequisites: Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28 Recommended: Limits on Enrollment:

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: CSU GE:	Area Transfer Area			Effective: Effective:	Inactive: Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1984	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1984	Inactive:	

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

1. Identify and explain basic offensive and defensive strategies.

2. Analyze offensive and defensive strategies and personnel through the use of film, scouting reports, and established soccer criteria.

3. Formulate a variety of offensive and defensive strategies based on the opponent's schemes and strategies.

Topics and Scope:

1. Advanced skills in relationship to positional play on the field.

- a. Forwards
- b. Half Backs
- c. Full backs
- 2. Use of offensive and defensive deadball situations from scouting reports and films.
 - a. Offensive formations
 - b. Defensive formations
 - c. Specialty formations
- 3. Establish various systems of play and team tactics based on team and opposing team capabilities.
 - a. Pressure
 - b. Passing
 - c. Shooting
- 4. Introduction of various offensive and defensive techniques in match situations.
 - a. Offensive formations
 - b. Defensive formations
 - c. Specialty formations
 - d. Opponent personnel

Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

1. In-class work may include:

- a. Film analysis
- b. Note taking and developing a playbook
- c. Physical training and conditioning

d. Development and demonstration of related skills including practice and game performance

- e. Establishing team goals
- f. Quizzes
- 2. Fieldwork may include:
 - a. Scouting reports execution
 - b. Playbook application
 - c. Intercollegiate competition

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking, playbook development

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances, performance exams

Exams: All forms of formal testing, other than skill performance exams.

Quizzes, multiple choice, true/false

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Representative Textbooks and Materials: Premier Soccer, Parker, M. 2008

Writing 10 - 20%		
Problem solving 0 - 0%		
Skill Demonstrations 20 - 40%		
Exams		
10 - 30%		

Other Category 30 - 50% Instructor prepared materials