

**DANCE 11.5 Course Outline as of Fall 2015****CATALOG INFORMATION**

Dept and Nbr: DANCE 11.5 Title: BALLET V

Full Title: Ballet V

Last Reviewed: 2/28/2022

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	6	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: DANCE 81.5

**Catalog Description:**

This course, for high-intermediate (Level V) dancers with prior ballet experience, covers high-intermediate (Level V) ballet principles and skills in the areas of technique, movement, vocabulary, style, and musicality. The course also includes ballet aesthetics and emphasizes performance skills as they pertain to high-intermediate (Level V) ballet.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANCE 11.4

**Limits on Enrollment:**

By audition

**Schedule of Classes Information:**

Description: This course, for high-intermediate (Level V) dancers with prior ballet experience, covers high-intermediate (Level V) ballet principles and skills in the areas of technique, movement, vocabulary, style, and musicality. The course also includes ballet aesthetics and emphasizes performance skills as they pertain to high-intermediate (Level V) ballet. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 11.4

Limits on Enrollment: By audition

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 2013	Inactive:	
<b>UC Transfer:</b>	Transferable	Effective:	Fall 2013	Inactive:	

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

- 1.Utilize ballet terminology to describe high-intermediate (Level V) ballet movement vocabulary.
2. Perform high-intermediate (Level V) ballet warm-ups, techniques, stretching, strengthening exercises, center and across the floor exercises.
3. Explain technical principles incorporated in high-intermediate (Level V) ballet dance and apply these principles to the execution of high-intermediate (Level V) ballet movement.
4. Perform high-intermediate (Level V) level enchainments (chains of steps).
5. Display performance skills in presentations of high-intermediate (Level V) ballet class choreography.
6. Identify basic rhythmic concepts incorporated in high-intermediate (Level V) ballet and relate them to the execution of ballet movement.
7. Count high-intermediate (Level V) ballet movement sequences.
8. Critique a ballet performance or a ballet piece applying basic ballet aesthetics and high-intermediate (Level V) ballet principles.

### **Topics and Scope:**

- I. Ballet terminology and corresponding ballet movement vocabulary
- II. Level V ballet technique
  - A. Technical principles
    1. alignment
    2. turn-out
    3. use of plie
    4. releve
    5. extension
  - B. Directions

1. en face

2. croise

3. efface

C. Body positions

1. en dehors

2. en dedans

3. en avant

4. en arriere

5. devant

6. derriere

D. Positions and movements of the arms (port de bras)

E. Positions and movements of the feet and legs

F. Turns

G. Jumps

H. Adagio

I. Petite allegro

J. Grand allegro

K. Reverence

III. Level V enchainments

IV. Supplementary strengthening and stretching

V. Ballet movement qualities

VI. Performance skills

A. Projection

B. Dynamics

C. Style and facial expression

D. Musicality

E. Creating the illusion of effortlessness

VII. Rhythmic principles for Level V ballet

VIII. Counting Level V ballet movement

IX. Level V ballet movement execution

A. Verbal descriptions

1. Ballet terminology

2. Use of imagery

3. Biomechanics

B. Demonstration of movement

C. Tactile information

D. Kinesthetic awareness enhancing tools or methods

E. Corrections

F. Critical analysis of performed movement

X. Critiquing ballet choreography - what to look for in a ballet work

**Assignment:**

Homework:

1. Weekly practice of ballet skills and/or choreography covered in class sessions

2. Memorization and practice of enchainments

3. Perform exercises to strengthen and/or stretch muscle groups required to execute ballet movements

4. Written critique of a dance piece or performance (2 - 3 pages)

5. Reading of handouts and/or selected readings (5-10 pages per week)

In class assignments include:

1. Ballet technique class activities assessed in terms of technique and performance capabilities (class performances)
2. 1 to 3 performance exams (performance of enchainments)
3. Note-taking when appropriate
4. Practice sessions
5. Final exam

#### Optional assignments

1. Ballet video viewing and analysis
2. Partner activities focusing on ballet techniques
3. Rehearsal of choreography for performance

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique, NoteTaking

Writing  
5 - 11%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams

Skill Demonstrations  
40 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes or exams

Exams  
5 - 11%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, video viewing and analysis, partner activities, rehearsal

Other Category  
20 - 40%

### Representative Textbooks and Materials:

The Ballet Companion: A Dancer's Guide to the Techniques, Traditions, and Joys of Ballet (1st). Minden, Eliza Gaynor. Simon & Schuster: 2005 (classic)  
Instructor prepared materials