DANCE 37.1 Course Outline as of Fall 2013

CATALOG INFORMATION

Dept and Nbr: DANCE 37.1 Title: BALLROOM DANCE I Full Title: Ballroom Dance I Last Reviewed: 3/9/2020

Units		Course Hours per Week	ľ	Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	PE 32.1

Catalog Description:

This course establishes a solid foundation in ballroom dance technique and basic skills. Will include common ballroom dances: foxtrot, waltz, swing, and cha cha. May also include an introduction to: mambo, salsa, tango, samba, rumba, and/or nightclub two-step.

Prerequisites/Corequisites:

Recommended Preparation:

Course Completion of DANCE 10 (or PE 22 or PE 145)

Limits on Enrollment:

Schedule of Classes Information:

Description: This course establishes a solid foundation in ballroom dance technique and basic skills. Will include common ballroom dances: foxtrot, waltz, swing, and cha cha. May also include an introduction to: mambo, salsa, tango, samba, rumba, and/or nightclub two-step. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Course Completion of DANCE 10 (or PE 22 or PE 145)

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: CSU GE:	Area Transfer Area			Effective: Effective:	Inactive: Inactive:
IGETC:	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Spring 1996	Inactive:	
UC Transfer:	Transferable	Effective:	Spring 1996	Inactive:	

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of the course the student will be able to:

- 1. Demonstrate the basic skills and steps of common ballroom dances.
- 2. Demonstrate proper ballroom dance alignment.
- 3. Apply basic ballroom dance terminology.
- 4. Demonstrate proper technique in leading and/or following a partner.
- 5 Perform footwork, rhythms, and basic patterns of common ballroom dances.

6. Count musical accompaniment for dances and identify rhythmical elements unique to each dance.

- 7. Discuss the historical origins of common ballroom dances.
- 8. Execute various ballroom dances in a social ballroom situation.
- 9. Apply elements of styling as appropriate for each ballroom dance.

10. Utilize proper ballroom dance protocol and etiquette.

Topics and Scope:

This course covers waltz, swing, cha cha, and foxtrot and may also include an introduction to one or two of the following: mambo, salsa, tango, samba, rumba and nightclub two-step.

- I. History of selected dances
 - A. Origins and cultural background
 - B. Role of music in development of dances
- II. Basic techniques in leading and following ballroom dance movements
 - A. Correct postures and holds
 - B. Partnering
 - C. Floor craft: moving around a crowded social dance floor easily

III. Musicality

A. Recognition of a variety of meters and tempos in dance movement and musical accompaniment

B. Use of rhythmic variation

C. Relating dance movement to musical styles

IV. Basic ballroom vocabulary

- A. Footwork patterns
- B. Holds
- C. Basic elements common to all ballroom dances
- D. Proper alignment
- V. Styling (will vary depending on dances being studied) Examples:
 - A. Rise and fall in foxtrot and waltz
 - B. Cuban motion in cha cha
 - C. Bounce in swing

VI. Ballroom dance etiquette

Assignment:

In class assignments

1. Practice and demonstration of ballroom material presented in class (including verbalization of patterns and counts)

- 2. Ballroom dance practice in a social dance event setting
- 3. Performance Exams
- 4. Note-taking in class when appropriate
- 5. Written exam

Homework (for full semester course approximately one hour per week)

- 1. Weekly practice of skills and patterns presented in class
- 2. Reading of class handouts
- 3. Miscellaneous homework assignments which may include:
 - a. Viewing and learning new material from instructional dance videos

b. Viewing of ballroom performances or competitions with written comments on technique, musicality, identification of style and patterns

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Video comments

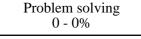
Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

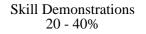
None

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Writing 0 - 10%	





Exams: All forms of formal testing, other than skill performance exams.

May include any of the following types of exam: Multiple choice, True/false, Matching items, Completion, Essay

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Representative Textbooks and Materials: Instructor prepared materials Exams 20 - 40%

Other Category 40 - 60%