#### KTEAM 7.1 Course Outline as of Fall 2012

## **CATALOG INFORMATION**

Dept and Nbr: KTEAM 7.1 Title: INDOOR SOCCER

Full Title: Indoor Soccer Last Reviewed: 2/27/2023

Units		Course Hours per Week	<b>.</b> ]	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00 Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PHYED 93

#### **Catalog Description:**

This activity course is designed to teach basic indoor soccer fundamentals and rules of the game.

## **Prerequisites/Corequisites:**

## **Recommended Preparation:**

#### **Limits on Enrollment:**

## **Schedule of Classes Information:**

Description: This activity course is designed to teach basic indoor soccer fundamentals and rules

of the game. (Grade or P/NP) Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive:

**UC Transfer:** Transferable Effective: Fall 1981 Inactive:

CID:

## Certificate/Major Applicable:

Major Applicable Course

## **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of the course the student will:

- 1. Demonstrate knowledge of rules and skills to compete in indoor soccer.
- 2. Understand tactical components of team play.
- 3 Develop conditioning program for participating in indoor soccer.
- 4. Understand basic positional play.
- 5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

## **Topics and Scope:**

- I. Introduction to the Game
  - A. Safety of players
  - B. Equipment needs
  - C. Terminology of soccer
- II. The Field of Play
  - A. Position of the players
    - 1. Offensive
    - 2. Defensive
  - B. Rules of the game
  - C. Court markings
- III. Basic Individual Skills
  - A. Kicking
  - B. Shooting
  - C. Dribbling
  - D. Trapping
  - E. Passing
- IV. Positional play
  - A. Goalkeepers
  - B. Defenders
  - C. Strikers
- V. Team Tactics
  - A. Systems of play

- B. Dead ball situations
- C. Team scrimmages

## **Assignment:**

Representative Assignments:

- 1. Competitive situational soccer in-class activities
- 2. 1-3 performance/skill exams
- 3. 1-3 multiple choice and/or true/false guizzes

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations 20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams 20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category 40 - 60%

## Representative Textbooks and Materials:

Instructor prepared materials