## ATHL 37 Course Outline as of Fall 2011

# **CATALOG INFORMATION**

Dept and Nbr: ATHL 37 Title: MEN'S VARSITY TENNIS Full Title: Men's Varsity Tennis Last Reviewed: 4/26/2021

Units		<b>Course Hours per Week</b>	ľ	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	3.00	Lab Scheduled	6.00	17.5	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	105.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 105.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 65

## **Catalog Description:**

This course includes practice and participation for intercollegiate competition, emphasizing tennis skills, fundamentals, and strategies.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

## **Limits on Enrollment:**

By Tryout

## **Schedule of Classes Information:**

Description: This course includes practice and participation for intercollegiate competition, emphasizing tennis skills, fundamentals, and strategies. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Limits on Enrollment: By Tryout Transfer Credit: CSU;UC. Repeatability: 4 Enrollments Total

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	l		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

# CID:

## **Certificate/Major Applicable:**

Major Applicable Course

# **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

- 1. Demonstrate individual fundamental skills pertaining to tennis in relation to:
  - A. Agility
  - B. Coordination
  - C. Reaction
  - D. Muscular strength
  - E. Muscle and cardiovascular endurance
- 2. Demonstrate and apply practical and general knowledge of the game of tennis and its rules.
- 3. Identify and analyze concepts, strategies, and personnel of opponents through film analysis and simulated match situations.
- 4. Demonstrate the ability to work with a team unit and develop team concepts.
- 5. Repeating students must demonstrate an increased depth and breadth of related skills, with new learning objectives.

## **Topics and Scope:**

- 1. Individual fundamental skills and conditioning
  - A. Agility
  - B. Coordination
  - C. Reaction
  - D. Muscular strength
  - E. Muscle and cardiovascular endurance
- 2. Practical and general knowledge of the game and its rules
  - A. Practice drills
  - B. Game situations
- 3. Concepts and strategies of opponent
  - A. Offense
  - B. Defense

- C. Team personnel
- 4. Team building & goals
  - A. Individual goals and responsibilities
  - B. Team goals & responsibilities

5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

## Assignment:

In-class work may include:

- 1. Film analysis
- 2. Note taking
- 3. Physical training and conditioning
- 4. Development and demonstration of related skills including practice and game performance
- 5. Establishing individual goals
- 6. Establishing team goals
- 7. Periodic quizzes

Fieldwork may include:

- 1. Practice for intercollegiate competition
- 2. Intercollegiate competition

Repeating students demonstrate an increased level of performance.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

#### None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

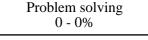
Practice and match performance.

**Exams:** All forms of formal testing, other than skill performance exams.

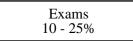
Periodic Quizes

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Writing 5 - 10%	



Skill Demonstrations
25 - 60%



Participation and attendance

# **Representative Textbooks and Materials:** Instructor prepared materials

Other Category 25 - 60%