

CATALOG INFORMATION

Dept and Nbr: COMM 6

Title: INTERPERSONAL COMM

Full Title: Interpersonal Communication

Last Reviewed: 11/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: COMM 66

**Catalog Description:**  
Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict through verbal and nonverbal communication. Builds communication skills through experiential activities.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Course Completion of ENGL 100 or ESL 100

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict with regard to verbal and non-verbal communication. (Grade or P/NP)  
Prerequisites/Corequisites:

Recommended: Course Completion of ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	B	Communication and Analytical Thinking	Fall 1981	

<b>CSU GE:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	E	Lifelong Learning and Self Development	Fall 1993	

<b>IGETC:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 2009	<b>Inactive:</b>
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### **CID:**

CID Descriptor: COMM 130	Interpersonal Communication
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SRJC Equivalent Course(s):	COMM6
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### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Demonstrate understanding of a variety of interpersonal communication concepts and principles.
2. Acquire an awareness and appreciation of the complexities of the communication process.
3. Improve listening ability by understanding the key elements of this most frequently used aspect of interpersonal communication.
4. Identify, interpret and demonstrate appropriate uses of verbal and non-verbal communication.
5. Describe and discuss how choice of words and gender influences can significantly impact interpersonal interactions.
6. Explore and analyze social and gender roles as they apply to relational communication.
7. Identify the difference between passive, assertive and aggressive behavior.
8. Explain ways that communication creates, develops and changes personal identities.
9. Examine one's own self-esteem through journal writing and other self-exploratory tasks.
10. Identify and practice constructive conflict management skills.
11. Analyze the role of technology in interpersonal communication.

### **Topics and Scope:**

- I. The communication process

- A. Definition and basic terms
- B. Communication model
- C. Barriers to understanding communication
- II. Listening
  - A. Importance of listening
  - B. Barriers to listening
  - C. Effective listening behavior skills
- III. Self image and self esteem
  - A. Introspective assignments
  - B. Hierarchy of values
  - C. Effects of low self esteem
  - D. Skills to build self esteem
- IV. Perception
  - A. Variables that affect perception
  - B. Differences in perception
- V. Verbal communication/semantics
  - A. Abstraction of words and symbols
  - B. Semantic reactions
  - C. Polarization
  - D. Gender patterns and differences
- VI. Non-verbal communication
  - A. Kinesics
  - B. Proxemics
  - C. Dress
  - D. Vocalics
  - E. Oculesics
  - F. Haptics
  - G. Chronemics
- VII. Relational communication
  - A. Social roles
  - B. Gender roles
  - C. Intimacy
  - D. Self disclosure
  - E. Relationship stages
  - F. Loneliness
- VIII. Conflict resolution/negotiation skills
  - A. Types of conflict
  - B. Productive conflict management
  - C. Destructive conflict management
  - D. Win/win - win/lose negotiation
  - E. Defensive communication
- IX. Technology and Communication
  - A. Effective use of communication technology
  - B. Effect of technology on communication

**Assignment:**

- I. Written
  - A. Weekly free writing assignment --  
2 pages
  - B. Topic related journal  
assignments -- 10-20 pages

- total per semester
- C. 3-5 short analytical papers or two 4-10 page term papers
- II. Reading Assignment
- III. Observational assignments
- IV. In-class
  - A. Discussions
  - B. Experiential activities
  - C. Group processes
- V. Oral presentations
  - A. Individual -- 1-2 presentations
  - B. Group -- 1-2 presentations
- VI. Exams -- 1-3, including a final

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework; term papers; short analytical papers; journal entries; response papers; free writes

Writing  
50 - 70%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances; observational assignments; group project; individual presentation(s); group presentation(s)

Skill Demonstrations  
10 - 25%

**Exams:** All forms of formal testing, other than skill performance exams.

Midterms and final

Exams  
5 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and class participation

Other Category  
10 - 25%

### Representative Textbooks and Materials:

Communicate: A Workbook for Interpersonal Communication (6th ed.). CRA Staff.

Kendall-Hunt: 2007

The Interpersonal Communication Book (11th

ed.). Joseph A. DeVito. Allyn & Bacon:  
2006

Looking Out, Looking In (12th ed.). Ronald  
B. Adler & Russell F. Proctor II.  
Wadsworth, Inc.: 2007