

PHYED 90 Course Outline as of Summer 2011**CATALOG INFORMATION**

Dept and Nbr: PHYED 90 Title: SOFTBALL

Full Title: Softball

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 46

Catalog Description:

The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of the course, students will be able to:

1. Demonstrate proficiency in basic individual softball skills.
2. Participate in organized drills necessary for the development of skills beyond the beginning level.
3. Demonstrate an understanding of the rules of softball.
4. Participate in competitive games.
5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Topics and Scope:

I. Fundamental Skills

- A. Throwing
- B. Catching
- C. Fielding of ground and fly balls
- D. Pitching
- E. Hitting
- F. Baserunning

II. Team Offensive Play (Strategy)

- A. Sacrifice bunting
- B. Drag bunting
- C. Sacrifice fly

III. Team Defensive Play (Strategy)

- A. Situational infield defense
- B. Infield play with zero, one or two outs
- C. Bunt defense
- D. Situational outfield defense
- E. Outfield defense determined by number of outs
- F. Defense of sacrifice bunt

IV. Rules and strategy for slow and fast pitch

A. Base coaching strategy

B. Scorekeeping

C. Basic softball rules

V. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Assignment:

1. Practice and analyze softball fundamentals

2. In-class competitive softball situations

3. Performance exams (skill tests) throughout the semester

4. Multiple choice and/or true/false quizzes on softball playing rules (1-3)

Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Game Analysis

Writing
10 - 30%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes: Multiple choice, True/false

Exams
10 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category
20 - 60%

Representative Textbooks and Materials:

Instructor prepared materials