

CHW 152L Course Outline as of Fall 2012**CATALOG INFORMATION**

Dept and Nbr: CHW 152L Title: TEAM OUTREACH EXPERIENCE

Full Title: Team Outreach Experience

Last Reviewed: 2/26/2018

| Units | | Course Hours per Week | | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|--------------------|--------|
| Maximum | 3.00 | Lecture Scheduled | 0.50 | 17.5 | Lecture Scheduled | 8.75 |
| Minimum | 3.00 | Lab Scheduled | 0 | 8 | Lab Scheduled | 0 |
| | | Contact DHR | 7.50 | | Contact DHR | 131.25 |
| | | Contact Total | 8.00 | | Contact Total | 140.00 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 17.50

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 52BL

Catalog Description:

Community Health Worker (CHW) students meet eight times during the semester for an hour-long seminar with the instructor and spend 7.5 hours a week (total 120 hours) in supervised outreach experience with a Sonoma County health-related agency, organization, health center or program and the community it serves. Activities include visits to outreach sites that relate to the educational and occupational goals of students, and collaboration with CHWs and other health professionals in areas of student interest.

Prerequisites/Corequisites:

Concurrent Enrollment in CHW 152 and CHW 153

Recommended Preparation:

Eligibility for ENGL 1A or equivalent

Limits on Enrollment:**Schedule of Classes Information:**

Description: Community Health Worker (CHW) students meet eight times during the semester for an hour-long seminar with the instructor and spend 7.5 hours a week (total 120 hours) in supervised outreach experience with a Sonoma County health-related agency, organization,

health center or program and the community it serves. Activities include visits to outreach sites that relate to the educational and occupational goals of students, and collaboration with CHWs and other health professionals in areas of student interest. (Grade Only)

Prerequisites/Corequisites: Concurrent Enrollment in CHW 152 and CHW 153

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| | | | |
|----------------------|----------------------|-------------------|------------------|
| AS Degree: | Area | Effective: | Inactive: |
| CSU GE: | Transfer Area | Effective: | Inactive: |
| IGETC: | Transfer Area | Effective: | Inactive: |
| CSU Transfer: | | Effective: | Inactive: |
| UC Transfer: | | Effective: | Inactive: |

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:

Upon completion of this course the student will be able to:

1. Recognize and address common health-related community challenges and strengths.
2. Identify community resources for effective health-related networking and referrals.
3. Utilize effective methods of sharing health information and promoting healthy outcomes.
4. Practice and model effective techniques for time management and healthy stress reduction.
5. Analyze outreach experiences, particularly relating to collaboration and team approaches.

Topics and Scope:

1. Health Issues and Strengths in the Community
 - a. Local concerns and resources
 - b. Observation, documentation, analysis, action
2. Role of CHW in Health Outcome Improvement
 - a. Standards and scope of practice
 - b. Information, education and communication techniques
 - c. Respect, collaboration and cooperation
3. Local Resources for Healthy Communities
 - a. Sonoma County agencies and departments
 - b. Non-profit, community-based resources
4. Collaboration in Community Health Work
 - a. Team building
 - b. Effective Communication
 - c. Conflict management and resolution

- d. Working with other CHWs and health professionals
 - e. Health advocacy, promotion and community organization
5. Effective and Healthy CHWs
- a. Time management
 - b. Professionalism
 - c. Stress Reduction

Assignment:

1. Observe, identify and document community health issues and resources via field notes.
2. Bi-weekly discussions of CHW theory and skills as they relate to practical outreach experience.
3. Complete and document 120 hours of outreach experience, via written work, using designated forms and guides.
4. Submit written reflections on communications with supervisors, colleagues, client interviews and intake experiences.
5. Practice effective outreach techniques via role-play scenarios, case studies and other supervised activities.
6. Complete 5 to 8 seminar assignments related to students' community outreach experience.
7. Outline and follow an individualized plan of action for effective work, including time management and stress reduction.
8. Meet with instructor and outreach supervisor to review accomplishments and identify areas for improvement.
9. Write a 2-3 page final paper about the community health outreach experience.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Action plan, written reflections, final paper and field notes

Writing
10 - 25%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Seminar assignments

Problem solving
5 - 10%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Outreach skills; presentations

Skill Demonstrations
20 - 50%

Exams: All forms of formal testing, other than skill performance exams.

None

Exams
0 - 0%

Other: Includes any assessment tools that do not logically fit into the above categories.

Instructor/supervisor evaluations; completed hours and objectives

Other Category
35 - 65%

Representative Textbooks and Materials:

Foundations for Community Health Workers, Berthold, Wiley & Sons, 1st Ed., 2009

Instructor prepared materials