#### EMC 114 Course Outline as of Fall 2009

## **CATALOG INFORMATION**

Dept and Nbr: EMC 114 Title: BASIC ARRHYTHMIA Full Title: Basic Arrhythmia Recognition Course Last Reviewed: 12/10/2018

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	2.00	Lecture Scheduled	3.00	11	Lecture Scheduled	33.00
Minimum	2.00	Lab Scheduled	0	4	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	33.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 66.00

Total Student Learning Hours: 99.00

Title 5 Category:	AA Degree Applicable	
Grading:	Grade Only	
Repeatability:	27 - Exempt From Repeat Provisions	
Also Listed As:		
Formerly:	EMC 275.1	

#### **Catalog Description:**

Application of basic principles of cardiac anatomy and physiology to recognize basic heart arrhythmias. Designed for health and allied care personnel who assume responsibility for cardiac monitoring in the pre-hospital and hospital setting.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** Eligibility for ENGL 100 or ESL 100

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Basic principles of cardiac anatomy & physiology to recognize basic heart arrhythmias. Course for health & allied care personnel who assume reponsibility for cardiac monitoring in the pre-hospital or hospital setting. (Grade Only) Prerequisites/Corequisites: Recommended: Eligibility for ENGL 100 or ESL 100 Limits on Enrollment:

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

## CID:

## **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, the student will be able to:

- 1. Identify and define 9 structures of the heart and
- their basic function.
- 2. Define the following terms related to cardiac electrophysiology:
  - A. Depolarization
  - B. Repolarization
  - C. Action potential
  - D. Refractory states
- 3. Describe the sequence of cardiac activation and recovery, and relate this information to the electrocardiogram (EKG) configuration.
- 4. Demonstrate a systematic method of EKG interpretation.
- 5. Identify normal waveforms for monitoring leads II, modified cardiac lead (MCL) 1 and 6.
- 6. Classify arrhythmias according to site, mechanism and severity.
- 7. Identify 15 arrhythmias.
- 8. Recognize and describe 4 conduction defects.
- 9. Identify 3 premature and escape beats and state the mechanism for each.

10. Discuss possible nursing and medical interventions for 15 major arrhythmias.

11. Identify pacemaker rhythms.

## **Topics and Scope:**

- 1. Overview
  - A. Cardiac anatomy and physiology
  - B. Myocardial blood supply
  - C. Cardiac conduction system
- 2. EKG Interpretation

- A. Vectors, lead placements
- B. Waves and measurements
- C. Analysis of EKG rhythm strips
- D. Modified cardiac leans
- 3. Conduction System
  - A. Anatomy
  - B. EKG analysis
  - C. Sinus rhythms
- 4. Cardiac Rhythms
  - A. Atrial
  - B. Junctional
  - C. Ventricular
- 5. Heart Blocks Conduction Defects

#### Assignment:

- 1. Read approximately 10 pages per week.
- 2. Identify approximately 20 rhythm strips per week.
- 3. Exam identifying 15 strips rhythm strips

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Identify 20 rhythm strips

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

**Exams:** All forms of formal testing, other than skill performance exams.

Completion, Identify EKG rhythm strips

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

**Representative Textbooks and Materials:** 

Writing 5 - 10%
Problem solving 0 - 0%
Skill Demonstrations 20 - 45%

Exams	
45 - 70%	

Other Category 0 - 0% EKG Workbook by Huff, Lippincott 6th ed. 2004 Instructor prepared materials.