

**AODS 90 Course Outline as of Summer 2010****CATALOG INFORMATION**

Dept and Nbr: AODS 90 Title: INTRO ALCOHOL/DRUG STUD

Full Title: Introduction to Alcohol and Drug Studies

Last Reviewed: 10/12/2020

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 3.00 | Lecture Scheduled     | 3.00 | 17.5         | Lecture Scheduled  | 52.50 |
| Minimum | 3.00 | Lab Scheduled         | 0    | 17.5         | Lab Scheduled      | 0     |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 3.00 |              | Contact Total      | 52.50 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: HLE 95

**Catalog Description:**

This course reviews the field of alcohol and other drug abuse. The course will study the history of alcohol and other drug abuse and its impact on American society and the family. It includes an overview of theories of substance abuse and identification of signs and symptoms, as well as treatment resources and myths of abuse.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course reviews the field of alcohol and other drug abuse. The course will study the history of alcohol and other drug abuse and its impact on American society and the family. It includes an overview of theories of substance abuse and identification of signs and symptoms, as well as treatment resources and myths of abuse. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                      |                      |            |             |
|----------------------|----------------------|------------|-------------|
| <b>AS Degree:</b>    | <b>Area</b>          | Effective: | Inactive:   |
| <b>CSU GE:</b>       | <b>Transfer Area</b> | Effective: | Inactive:   |
| <b>IGETC:</b>        | <b>Transfer Area</b> | Effective: | Inactive:   |
| <b>CSU Transfer:</b> | Transferable         | Effective: | Spring 1999 |
|                      |                      | Inactive:  |             |
| <b>UC Transfer:</b>  |                      | Effective: | Inactive:   |

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

**Outcomes and Objectives:**

Upon completion of the course, students will:

1. Identify models and theories of addiction.
2. Recognize past and present social policy conflicts regarding drug use in American society, such as alcohol prohibition and medical marijuana.
3. Describe the most generally accepted and scientifically supported models of treatment in recovery, relapse prevention and other substance-related problems.
4. Recognize the importance of family, social network and community support in alcohol and other drug recovery.

**Topics and Scope:**

- I. Models and theories of addiction
  - A. Etiological, moral, disease, and behavioral theories of addiction
  - B. Emerging research
- II. Social, political and economic context of substance abuse
  - A. Core theoretical concepts on beliefs and attitudes about addiction
  - B. Roles of counselor in the field of addiction
  - C. Gambling, sexual, internet and work addiction; anorexia nervosa
  - D. Properties of stimulants (cocaine, amphetamines, narcotics) pharmacology and biology
  - E. Properties of legal drugs (alcohol, nicotine, tobacco, caffeine), prescription drugs
- III. Social policy regarding drug use - past and present
  - A. Historical dimensions: cultural attitudes toward addiction and drug use and everyday life; drug consumption profiles and preferences; societal (including legal and criminal justice) responses
  - B. Political dimensions: cultural attitudes toward addiction and drug use and everyday life; drug

- consumption profiles and preferences; societal (including legal and criminal justice) responses;
- addiction/drug policy and direct practice/treatment approaches
- C. Addiction in the context of the "War on Drugs"
- D. The regulation of drugs
- E. Current issues and debates in the field of addiction
- IV. Overview of current programs and services, including but not limited to:
  - A. Outpatient treatment
  - B. Withdrawal management (detoxification)
  - C. Day treatment
  - D. Residential treatment
  - E. Supportive recovery and other treatment services (transitional living, hospital based substance misuse programs, needle exchange and methadone treatment, dual diagnosis programs, pregnancy support)
  - F. Family, school and community based prevention programs
  - G. Basic principles of abstinence based AA and twelve step addiction treatment
  - H. Family members, ALANON
  - I. Cognitive therapy
- V. Importance of family and community in addiction prevention and treatment
  - A. Gender, sexual orientation, race and ethnicity in addiction counseling
  - B. Family and friends in addiction recovery
  - C. First Nations perspectives on addiction and addiction treatment
  - D. Community development, locality development, social planning and social action
  - E. Street work and outreach; focused harm reduction
- VI. Importance of research in addiction prevention
  - A. Substance abuse and mental disorders
  - B. Substance abuse and eating disorders
  - C. Addiction as a field of practice in social work; differential approaches to practice.

### **Assignment:**

#### **READING ASSIGNMENTS:**

1. Textbook: 35-40 pages per week.
2. Three to five outside reading assignments given by the instructor.

#### **WRITING ASSIGNMENTS:**

Student will be required to complete three term papers. Each term paper will be 3-5 pages in length on issues related to substance abuse.

#### **EXAMS:**

Students will be given a midterm and final exam, and at least two additional short exams on material covered in class. Midterm and final will include essay questions.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

|  |
|--|
| Written homework, Reading reports, Term papers |
|--|

|                     |
|---------------------|
| Writing<br>30 - 40% |
|---------------------|

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, essay

Exams  
60 - 70%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

Substance Abuse Counseling: Theory and Practice, 4/E. Stevens, Patricia and Smith, Robert L. Prentice Hall: 2008

Drugs, Society, and Human Behavior with PowerWeb(11th Edition). Ksir, Charles J., Hart, Carl L. and Ray, Oakley S. McGraw-Hill: 2006

Concepts of Chemical Dependency (7th edition). Doweiko, Harold. Brook Kole: 2009

Instructor prepared materials