### PHYED 93 Course Outline as of Spring 2011

## **CATALOG INFORMATION**

Dept and Nbr: PHYED 93 Title: INDOOR SOCCER Full Title: Indoor Soccer Last Reviewed: 2/27/2023

Units		Course Hours per Week	. I	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 47

#### **Catalog Description:**

This activity course is designed to teach basic indoor soccer fundamentals and rules of the game.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

**Limits on Enrollment:** 

#### **Schedule of Classes Information:**

Description: This activity course is designed to teach basic indoor soccer fundamentals and rules of the game. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Limits on Enrollment: Transfer Credit: CSU;UC. Repeatability: 4 Enrollments Total

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	L		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

CID:

## **Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course the student will:

- 1. Demonstrate knowledge of rules and skills to compete in indoor soccer.
- 2. Understand tactical components of team play.
- 3 Develop conditioning program for participating in indoor soccer.
- 4. Understand basic positional play.
- 5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

### **Topics and Scope:**

- I. Introduction to the Game
  - A. Safety of players
  - B. Equipment needs
  - C. Terminology of soccer
- II. The Field of Play
  - A. Position of the players
    - 1. Offensive
    - 2. Defensive
  - B. Rules of the game
  - C. Court markings

III. Basic Individual Skills

- A. Kicking
- B. Shooting
- C. Dribbling
- D. Trapping
- E. Passing
- IV. Positional play
  - A. Goalkeepers
  - B. Defenders
  - C. Strikers
- V. Team Tactics
  - A. Systems of play

- B. Dead ball situations
- C. Team scrimmages

#### Assignment:

**Representative Assignments:** 

- 1. Competitive situational soccer in-class activities
- 2. 1-3 performance/skill exams
- 3. 1-3 multiple choice and/or true/false quizzes

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

### **Representative Textbooks and Materials:**

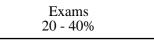
Instructor prepared materials

Writing 0 - 0%	

Problem solving

0 - 0%

Skill Demonstrations 20 - 40%



Other Category 40 - 60%