

CATALOG INFORMATION

Dept and Nbr: PSYCH 56      Title: AGING, DYING & DEATH  
Full Title: Aging, Dying and Death  
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly: PSYCH 6

Catalog Description:  
Examination of aging, death, dying and bereavement in contemporary society.

Prerequisites/Corequisites:

Recommended Preparation:  
Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Schedule of Classes Information:  
Description: Examination of aging, death, dying and bereavement in contemporary society.  
(Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Eligibility for ENGL 100 or ESL 100.  
Limits on Enrollment:  
Transfer Credit: CSU;  
Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
	E	Lifelong Learning and Self Development	Fall 1981

<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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<b>UC Transfer:</b>	<b>Effective:</b>	<b>Inactive:</b>
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**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Describe current trends in life expectancies, demographics, and attitudes toward adulthood, "old age," death and dying.
2. Compare and contrast prominent theories on adult development and aging.
3. Summarize age-related physical diseases and psychological problems.
4. Explain how the process of aging affects intelligence, memory, creativity, problem-solving and decision-making skills.
5. Describe different types of intimate partnerships in adulthood.
6. Examine the role of gender, socioeconomic status, personality, and health on work choice. Include a description of retirement, its reasons, timing, and effects.
7. Provide a list of stressors encountered by the aging person and generate ways to ameliorate the stress.
8. Discriminate among concepts of suicide, assisted-suicide, and euthanasia; and summarize death/burial rituals and the grieving process following death.
9. Summarize a variety of modes/types of death and review the bereavement, grief and mourning process of the survivor.
10. Describe the American funeral system, with emphasis in death notification, funeral service selection and its cost, and body disposition.

### **Topics and Scope:**

1. Defining the Journey: Some Assumptions, Definitions, and Methods
2. Theories of Adult Development and Learning About Death: The Influences of Sociocultural Forces
3. Physical Changes
4. Health, Health Habits, and Health Care

5. Changes in Cognitive Abilities
6. Social Roles
7. Development of Relationships
8. Work and Retirement
9. Personality Stability and Change
10. Stress and Resistance
11. Death, Dying and Bereavement
12. Facing Death: Living with Life-Threatening Illness
13. Medical Ethics: Dying in a Technological Age
14. Survivors: Understanding the Experience of Loss
15. Late Rites: Funerals and Body Disposition
16. The Law and Death
17. Death in the Lives of Children and Adolescents
18. Suicide
19. Risks of Death in the Modern World
20. Beyond Death/After Life

### **Assignment:**

1. Read approximately 25-35 pages per week.
2. Take two midterm exams and one final on lecture, reading concepts and terminology.
3. Write 2-3 evaluation and/or analytical papers, approximately 2-3 pages in length on assigned readings and lectures.
4. Write a term or course research paper approximately 4-5 pages in length for the purpose of learning research skills, enhancing course knowledge, and improving writing skills.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research Paper, Evaluation & Analytical Papers
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Writing 50 - 75%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None
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Problem solving 0 - 0%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None
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Skill Demonstrations 0 - 0%
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**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Fill-in, short answer

Exams  
25 - 50%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

### **Representative Textbooks and Materials:**

DeSpelder, Lynne Ann; Lee Albert

THE LAST DANCE: ENCOUNTERING DEATH AND DYING, McGraw-Hill, 2005.

Corr, Charles A.; Nabe, Clyde M.; Corr, Donna M.

DEATH AND DYING, LIFE AND LIVING, Wadsworth/Thomson, 2003.

Leming, Michael, R.; Dickinson, George E.

UNDERSTANDING DEATH, DYING AND BEREAVEMENT, Wadsworth/Thomson, 2002.

Bee, Helen L.; Biorklund Barbara R.

THE JOURNEY OF ADULTHOOD, Prentice Hall, 2004.

Foos, Paul W.; Clark, Cherie M.

HUMAN AGING, Allyn & Bacon, 2003.

Hoyer, William J.; Roodin, Paul A.; Rybash, John Michael

ADULT DEVELOPMENT AND AGING, McGraw Hill, 2003.

Hooyman, Nancy R.; Kiyak, Asuman H.

SOCIAL GERONTOLOGY: A MULTIDISCIPLINARY PERSPECTIVE, Allyn & Bacon, 2002.