PSYCH 3 Course Outline as of Fall 2008

CATALOG INFORMATION

Dept and Nbr: PSYCH 3 Title: HUMAN SEXUALITY
Full Title: Human Sexuality
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	3	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

Catalog Description:
This course explores human sexuality. Major areas of examination will include the history and science of sexology; male and female anatomy and physiology; sexual arousal and response; relationships, intimacy and communication; conception and contraception; sexually transmitted infections; and coercive sexuality and exploitation.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Schedule of Classes Information:
Description: Intro to clinical & scientific studies of human sexuality. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100.
Limits on Enrollment:
Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2025	
	L4	Social and Behavioral Sciences		
	L8	Student Success and Wellness		
	D	Social and Behavioral Sciences	Fall 1981	Fall 2025
CSU GE:	**Transfer Area**		Effective:	Inactive:
	D	Social Science	Fall 1991	
	D9	Psychology		
	E	Lifelong Learning and Self Development		
	E	Lifelong Learning and Self Development	Fall 1981	Fall 1991
IGETC:	**Transfer Area**		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 1981	
	4I	Psychology		

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:

CID:
CID Descriptor: PSY 130 Introduction to Human Sexuality
SRJC Equivalent Course(s): PSYC3

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:
Upon completion of this course, students will be able to:
1. Discuss the following perspectives when explaining human sexuality: sociological, evolutionary, mass media, gender-role legacy, and cross-cultural.
2. Describe and apply with examples the various research methods used to study sexual behavior; include case studies, naturalistic and laboratory observations, correlational studies, surveys and tests, and the experimental method.
3. Identify and explain the functions of the female and male internal and external sexual organs and structures and genital health concerns.
4. Demonstrate how chromosomal and hormonal processes and social-learning factors influence gender role and gender identity.
5. Compare and contrast the males' and females' sexual arousal and responses; include the roles of the brain, the senses, aphrodisiacs and the aging process.
6. Explain how Kaplan's model differs from Masters and Johnson's model of describing sexual arousal.

7. Describe Sternberg's Theory of Love and Lee's Styles of Loving and list the ingredients of a lasting love relationship.
8. Distinguish among the different sexual behaviors: erotic dreams and fantasies, self-pleasuring techniques, kissing and touching, and sexual positions.
9. Define sexual orientation and describe the social ramifications associated with each type, including prejudice, privilege, law, psychological and medical risk factors, and statistical data on relational issues.
10. Compare and contrast advantages and disadvantages of the male and female contraceptive devices, with emphasis on oral contraceptives, barrier apparatus, intrauterine devices, and sterilization.
11. Compare and contrast the various medical, mechanical and surgical procedures for the treatment of sexual dysfunctions.
12. Describe different types of sexual transmitted infections.
13. Discuss the evolutionary, social learning, and cultural factors that contribute to aggressive behaviors; distinguish the difference between physical, sexual and emotional abuse; and describe sexual harassment, its effects, and ways of coping.

Topics and Scope:

1. Perspectives on Human Sexuality
2. Studying Human Sexuality
3. Female Sexual Anatomy, Physiology, and Response
4. Male Sexual Anatomy, Physiology, and Response
5. Gender and Gender Roles
6. Sexuality over the Life Span
7. Love, Intimacy, and Sexuality
8. Communicating about Sex
9. Sexual Expression
10. Variations in Sexual Behavior
11. Contraception and Birth Control
12. Conception, Pregnancy, and Childbirth
13. The Sexual Body in Health and Illness
14. Sexual Difficulties, Dissatisfaction, Enhancement and Therapy
15. Sexually Transmitted Infections
16. HIV and AIDS
17. Sexual Coercion: Harassment, Aggression, and Abuse
18. Sexually Explicit Materials, Prostitution, and Sex Laws

Assignment:

1. Carefully read approximately 25-35 pages per week and recapitulate assigned material in the textbook and supplements.
2. Take at least two midterm exams and one final on lectures, reading concepts and terminology.
3. Write a term or course research paper approximately 3-5 pages in length for the purpose of learning research skills, enhancing course knowledge, and improving writing skills.
4. At the discretion of the instructor, students may write one or more 2-3 page papers in response to reading and lecture materials.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Course Research Papers, Response Papers	Writing 20 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Essay Exams, Fill-in, Short Answer	Exams 60 - 80%

Other: Includes any assessment tools that do not logically fit into the above categories.

None	Other Category 0 - 0%

Representative Textbooks and Materials:

Strong, Bryan; Devault, Christine; Sayad, Barbara; Yarber, William
HUMAN SEXUALITY: DIVERSITY IN CONTEMPORARY AMERICA, McGraw Hill, 2005.

Rathus, Spencer, A.; Nevid, Jeffrey S; Fichner-Rathus, Lois
HUMAN SEXUALITY IN A WORLD OF DIVERSITY, Allyn & Bacon, 2005.

King, Bruce M.
HUMAN SEXUALITY TODAY, Prentice-Hall, 2005.

Crooks, Robert; Baur, Karla
OUR SEXUALITY, Wadsworth, 2002.