

**PSYCH 7 Course Outline as of Fall 2008****CATALOG INFORMATION**

Dept and Nbr: PSYCH 7 Title: THEORIES OF PERSONALITY

Full Title: Theories of Personality

Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	D	Social and Behavioral Sciences	Fall 2025	
	L4	Social and Behavioral Sciences		
	L8	Student Success and Wellness		
<b>CSU GE:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	D	Social and Behavioral Sciences	Fall 2007	Fall 2025
	D	Social Science	Fall 2007	
	D9	Psychology		
	E	Lifelong Learning and Self Development		
<b>IGETC:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	4	Social and Behavioral Science	Fall 2007	
	4I	Psychology		
<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 2007	<b>Inactive:</b>
<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 2007	<b>Inactive:</b>

### **CID:**

### **Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Define personality and personality theory.
2. Summarize the methods for studying and assessing personality theories.
3. Explain key characteristics of a good personality theory.
4. Apply the critical thinking process to evaluate personality theories taught in the course.
5. Describe the following major theories of personality:
  - A. Psychodynamic
  - B. Behavioral and Social Learning
  - C. Cognitive
  - D. Humanistic
  - E. Biological
  - F. Trait
  - G. Interpersonal Relations
  - H. Alternative Perspective on Personality (e.g., non-Western, spiritual and religious, gender, or historical)
6. Apply personality theories and concepts to explaining social interactions, psychopathology, and treatment.
7. Compare and contrast the strengths and weaknesses of the major theories of personality in number 3.
8. Critically appraise the applicability of the major theories of

personality in relation to gender, culture and ethnicity.

9. Summarize the current status and describe the future direction of the field of personality theory research.

### Topics and Scope:

1. What is Personality and Personality Theory?
2. Characteristics of a Good Theory of Personality
3. How is Personality Studied and Assessed?
4. The Psychodynamic Perspective
5. The Behavioral and Social Learning Perspective
6. The Cognitive Perspective
7. The Humanistic Perspective
8. The Biological Perspective
9. The Trait Perspective
10. The Interpersonal Relations Perspective
11. Theories of personality and their practical applications to social interactions, psychopathology, and treatment.
12. Gender, Cultural, and Ethnic Differences - Western and non-Western
13. Scope and Outlook for the Future of Personality Theories

### Assignment:

1. Read, approximately 25-35 pages per week and digest assigned material in the textbook and supplements.
2. Two midterm exams and one final on lecture, reading concepts and terminology.
3. A term or research paper approximately 5-8 pages in length for the purpose of applying personality theories, enhancing course knowledge, and improving writing skills.
4. Oral presentations (optional).

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research Paper(s)

Writing  
50 - 75%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Fill-in, Short answer

Exams  
25 - 50%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Oral presentations, class discussions

Other Category  
0 - 10%

**Representative Textbooks and Materials:**

Friedman, Howard, S.; Schustack, Miriam W.

PERSONALITY: CLASSIC THEORIES AND MODERN RESEARCH, 2nd ed., Allyn & Bacon, 2003.

Allen, Ben P.

PERSONALITY THEORIES: DEVELOPMENT, GROWTH, AND DIVERSITY, Allyn & Bacon, 2003.

Frager, Robert; Fadiman, James

PERSONALITY AND PERSONAL GROWTH, 6th ed., Prentice-Hall, 2005.

Burger, Jerry M.

PERSONALITY, 6th ed., Wadsworth, 2004.