### **DANCE 10 Course Outline as of Summer 2011**

## **CATALOG INFORMATION**

Dept and Nbr: DANCE 10 Title: INTRO TO DANCE MOVEMENT Full Title: Introduction to Dance Movement Last Reviewed: 11/8/2010

Units		Course Hours per Week	]	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	2.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 105.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 22

#### **Catalog Description:**

Introductory dance class designed for the student with no prior dance experience. Will include a survey of the basic skills, techniques, and vocabulary of modern, ballet, and jazz. Recommended prior to the beginning level in all dance forms.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

**Limits on Enrollment:** 

#### **Schedule of Classes Information:**

Description: Introductory dance class designed for the student with no prior dance experience. Will include a survey of the basic skills, techniques, and vocabulary of modern, ballet, and jazz. Recommended prior to the beginning level in all dance forms. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Limits on Enrollment:

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	I		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1984	Inactive:	Fall 2013
UC Transfer:	Transferable	Effective:	Fall 1984	Inactive:	Fall 2013

### CID:

### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course students will be able to:

- 1. Count dance music and dance movement in 4/4 and 3/4 time signatures.
- 2. Apply concepts of stretch and strength in a dance context.
- 3 Retain and perform basic movement patterns and combinations in various styles of dance.
- 4. Define common dance terms.
- 5. Discuss the stylistic differences between ballet, modern and jazz.
- 6. Practice accepted dance class etiquette.
- 7. Assess the efficacy of a dance warm-up in ballet, modern, or jazz dance classes.

Repeating students will:

- 1. Demonstrate increased depth and breadth in dance skills in the three dance forms
- 2. Perform new movement sequences (dance combinations)
- 3. Deepen knowledge and comprehension of dance concepts

### **Topics and Scope:**

- 1. General techniques and concepts common to all dance forms
  - A. Turn out
  - B. Alignment
  - C. Joint range of motion
  - D. Core strengthening
  - E. Stretching
  - F. Use of feet: pointing and flexing
  - G. Plie
- 2. Counting music in 4/4 and 3/4 time
- 3. Basic locomotor movement (walks, prances, skips, etc.)
- 4. Background and description of ballet, modern, jazz genres
- 5. How to take a dance class
  - A. Dance class etiquette
  - B. Dance class formats

6. Dance material specific to the three dance forms:

- A. Warming up the body
- B. Fundamental dance techniques, skills and steps with corresponding terminology

C. Across the floor and center floor movement combinations (includes techniques specific to demands of the choreography presented)

7. Optional: Other dance forms (e.g. hip hop, ballroom)

- 8. Repeating student topics
  - A. Review and repetition of techniques to build skills
  - B. Specific dance material varies from semester to semester (Topic VI)

### Assignment:

In class assignments:

- 1. Learning and practicing of basic dance vocabulary, techniques and skills
- 2. Application of dance class etiquette
- 3. Viewing of dance videos
- 4. In class discussions
- 5. Performance exams demonstrating knowledge of basic dance movement vocabulary
- 6. Objective exams: Three unit quizzes (ballet, modern, jazz) and a comprehensive final exam

Homework:

- 1. Practice of class material and review of movement sequences for performance exams.
- 2. Reading assignments (3 or more hand-outs of 2-4 pages each)
- 3. Studying for quizzes

4. Writing assignment: Short paper or essay (approximately 2 to 3 pages in length) on a dance related topic. Examples of type of paper that may be assigned -

a. Critique of a recorded or live dance performance applying knowledge of dance concepts covered in class.

- b. Reflective essay
- c. Report on a dance topic

Note: Repeating students will be asked to complete assignment 4.a. on a live dance performance presented during the semester in which they are enrolled. Those unable to attend a live performance will be given an alternate assignment.

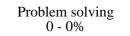
### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Writing 10 - 10%



None

# Skill Demonstrations: All skill-based and physical

demonstrations used for assessment purposes including skill performance exams.

Performance exams

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes and final exam: multiple choice, true/false, matching, or completion

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, dance class etiquette

**Representative Textbooks and Materials:** 

Instructor prepared materials

Skill Demonstrations
30 - 40%

Exams 10 - 20%	

Other Category 30 - 40%