CHW 150 Course Outline as of Summer 2005

CATALOG INFORMATION

Dept and Nbr: CHW 150 Title: INTRO TO COMM HLTH WORK
Full Title: Introduction to Community Health Work
Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	3.00	6	Lecture Scheduled	18.00
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	18.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 36.00 Total Student Learning Hours: 54.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	CHW 50

Catalog Description:
This course is designed to give an overview of the role of Community Health Outreach Workers and the philosophy of community health work. It will look at how CHWs have contributed to health care in the United States and the world. Discussions with local community health workers and other health professionals, a field trip to a community agency, and four hours of shadowing a Community Health Outreach Worker (CHW) will be included.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of ENGL 100 OR Course Eligibility for EMLS 100 (or ESL 100)

Limits on Enrollment:

Schedule of Classes Information:
Description: Designed to give an overview of the role of Community Health Outreach Workers and the philosophy of community health work. It will look at how CHWs have contributed to health care in the US and the world. (Grade Only)
Prerequisites/Corequisites:

Recommended: Course Completion of ENGL 100 OR Course Eligibility for EMLS 100 (or ESL 100)
Limits on Enrollment:
Transfer Credit:
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**	Effective:	Inactive:
CSU GE:	**Transfer Area**	Effective:	Inactive:
IGETC:	**Transfer Area**	Effective:	Inactive:

CSU Transfer:	Effective:	Inactive:
UC Transfer:	Effective:	Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:
Upon completion of this course, the students will be able to:
1. Analyze history, roles, characteristics and responsibilities of community health workers internationally, nationally and in Sonoma County.
2. Examine the reasons why respect for diversity and two-way learning between the community and the outreach worker are at the heart of community health work.
3. Identify individual abilities, attitudes, beliefs and values that are important for CHWs.
4. Analyze the role of adult learning theory in health behavior change.
5. Examine the community health network of cooperation and support that is essential for successful community health work.
6. Locate five underserved populations in Sonoma County and examine problems and lack of resources that contribute to their "underserved" status.
7. Compare and contrast 15-30 active Sonoma County community health organizations and their purposes.
8. Name job titles common to CHWs and compare their job descriptions.
9. Analyze myths and facts about homelessness.
10. Discuss health crises in the United States and their impact on Sonoma County health.
11. Contrast primary and preventive health care.
12. Describe two ways CHWs have contributed to the delivery of primary and preventive health care in the United States.
13. Explain the importance of identification of community resources for CHWs.
14. Describe 3-5 situations in community health work where knowledge of

medical terminology and anatomy would be valuable.
15. Decide if community health work is right for you, describing necessary skills, opportunities for externship work, and further education and advancement possibilities in related health fields.

Topics and Scope:

I. Community Health Workers (CHWs): Who Are They and What Do They Do?
   A. History of community health work in US and internationally.
   B. Occupational outlook for Sonoma County
II. The Effective Community Health Outreach Worker
   A. Core competencies and knowledge for CHWs
   B. Characteristics, roles and responsibilities, and titles
      1. Community perspective
      2. Appreciation of diversity
      3. Cross-cultural communication techniques
      4. Commitment to two-way learning
      5. Commitment to active community participation
   C. Abilities, attitudes, beliefs, and values
   D. Adult learning theory applications for CHWs
      1. Motivating health behavior change
      2. Enabling individuals and communities
III. Ideas and Tips from Current Community Health Workers
IV. Analysis of Current U.S. and Sonoma County Health Crises
   A. Access to health care
   B. Who is at risk and why?
   C. Homelessness - who and why?
   D. 10-year public health goals in Sonoma County - and beyond
V. Underserved Populations in Sonoma County
VI. Primary & Preventive Health Care
   A. Prevention
   B. Chronic disease management
   C. Containment of communicable diseases
VII. Externship Placement Possibilities
VIII. Opportunities for Further Education and Advancement in Related Health Fields

Assignment:

1. Selected readings, 10-20 pages each week. Students will use Internet to find, examine and compare articles with different perspectives on the history of CHWs and tasks CHWs perform. They will critique, analyze, and write responses regarding the articles on a variety of community health issues.
2. Written assignments will include 10-15 total pages on articles related to community health workers, shadowing and volunteer experience, adult learning theory applications and agency visitation - including critical thinking and problem-solving exercises.
3. Four-hour shadowing and volunteer experience with Sonoma County community health workers. Students will write a 3-4 page paper to describe the agency, community served, and their experiences.
4. Make, practice with, and memorize 20-30 medical terminology flash

cards.
5. In three paragraphs, respond to a community health worker scenario to demonstrate critical-thinking & problem-solving techniques used in CHW.
6. Write a community field trip reaction paper.
7. Quizzes (2-4); final exam.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Reading reports, Papers.	Writing 40 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work, Critical thinking/problem solving exercises.	Problem solving 15 - 25%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Flash cards.	Skill Demonstrations 5 - 10%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, Matching items, Completion, short essay	Exams 15 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation	Other Category 5 - 15%

Representative Textbooks and Materials:
Instructor prepared materials and instructor-selected current articles on relevant topics, e.g., US health crises, homelessness, and CHW job descriptions and salaries.