#### PHYED 76.2 Course Outline as of Fall 2006

## **CATALOG INFORMATION**

Dept and Nbr: PHYED 76.2 Title: ARCHERY - INTERMEDIATE

Full Title: Intermediate Archery Last Reviewed: 2/13/2006

Units		Course Hours per Week	ľ	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	6	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00 Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 33.2

#### **Catalog Description:**

This course is aimed at students who wish to pursue the art and skills of archery beyond the beginning level.

## **Prerequisites/Corequisites:**

### **Recommended Preparation:**

Course Completion of PHYED 76.1 (or PE 33.1 or PE 155.1)

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: This course is aimed at students who wish to pursue the art and skills of archery

beyond the beginning level. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of PHYED 76.1 (or PE 33.1 or PE 155.1)

Limits on Enrollment: Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive: Fall 2010

UC Transfer: Transferable Effective: Fall 1981 Inactive: Fall 2010

#### CID:

### **Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

- 1. Explain and utilize safety measures in archery
- 2. Maintain and repair archery equipment
- 3. Demonstrate proper archery form and technique
- 4. Perform effectively in competition
- 5. Shoot accurately at various distances
- 6. Demonstrate aiming devices

## **Topics and Scope:**

- I. Use and maintenance of archery equipment
  - A. Arrow
  - B. Bow (including restringing)
- II. Review of safety measures
- III. Aiming Devices
- IV. Shooting strategies for various distances
- V. Shooting Sequence 9 steps to the "Ten-Ring" (center of the target)
- VI. Competition
  - A. Olympic distances
  - B. Olympic scoring

# **Assignment:**

### Representative Assignments:

In class -

- 1. Perform bow and arrow maintenance and repair procedures
- 2. Practice and perform shooting techniques
- 3. Competitions
- 4. Written test on archery principles and competition rules

Outside class for approximately one hour per week -

1. Read class hand-outs

- 2. Practice proper form and shooting sequence in front of a mirror
- 3. Visualize the 9 steps to the "Ten Ring" then practice the 9 steps until they become routine

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Competitions

Skill Demonstrations 20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Completion

Exams 20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category 40 - 60%

# **Representative Textbooks and Materials:**

Instructor prepared materials