

**NRV 51L Course Outline as of Spring 2003****CATALOG INFORMATION**

Dept and Nbr: NRV 51L Title: FUNDAMENTALS/BASIC CLIN

Full Title: Fundamentals and Basic Clinical Experience

Last Reviewed: 10/13/2014

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	6.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	6.00	Lab Scheduled	0	13	Lab Scheduled	0
		Contact DHR	18.00		Contact DHR	315.00
		Contact Total	18.00		Contact Total	315.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 315.00

Title 5 Category: AA Degree Applicable

Grading: P/NP Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

This is the first clinical course in the VN full time program. Fundamental principles learned in co-requisite theory and skills courses are applied in the care of patients in acute/sub-acute medical-surgical, respite day health and adaptive physical education settings. Mental & spiritual health concepts and socio-cultural aspects are explored as they apply to individually assigned patients.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:**

Admission to the VN program.

**Schedule of Classes Information:**

Description: First Vocational Nursing clinical course. Emphasis on fundamentals of nursing care. Acute, sub-acute, respite day health and adaptive physical education settings. Cost: \$15.00 (Malpractice Insurance) (P/NP Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Admission to the VN program.

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		<b>Effective:</b>	<b>Inactive:</b>	
<b>CSU GE:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>	
<b>IGETC:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>	
<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>	Fall 2021
<b>UC Transfer:</b>		<b>Effective:</b>		<b>Inactive:</b>	

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Under the following clinical learning conditions,

- Students are closely supervised.
- Substantial support is provided by instructor and resource nurses.
- Principles, which have been learned in the corequisite theory and skills courses are applied.
- Students practice fundamentals.

Upon completion of this course the student will:

- Apply theoretical knowledge base, including physiological, pathophysiological, spiritual and social concepts, in providing care.
- Analyze patient care situations, & apply nursing process appropriately
  - Assess/gather data related to assigned patients' physical & mental health deviation status.
  - Identify changes in physical and mental condition and report to the appropriate resource person in a timely manner.
  - Collaborate with resource nurses in establishing nursing diagnosis.
  - Establish health care goals for assigned patients.
  - Plan and implement nursing care in a timely, organized manner.
  - Administer oral & topical medications safely.
  - Evaluate the effectiveness of nursing care & revise plan as needed.
- Provide a safe, effective care environment.
- Provide culturally sensitive care.
- Promote the physiological, psychological & spiritual health of patients
- Communicate effectively:
  - Clearly and concisely to instructor and health care team.
  - Therapeutically with patients and families.
  - In the medical record: clearly, concisely, factually, and in accordance with legal standards and principles.

7. Practice with professional and ethical standards.
8. Document observations, interventions, and effects of interventions accurately, using appropriate format.
9. Perform fundamental components of the role of the vocational nurse as a collaborating member of the multidisciplinary health care team.
10. Perform basic nurse assistant care on assigned patients.

### **Topics and Scope:**

1. Orientation to clinical settings.
  - a. Physical environment.
  - b. Fire, safety, disaster protocols, emergency codes, equipment.
  - c. Policies & Procedures:
    1. Computer and Pixis medication systems
    2. Charting forms regarding documentation of meds & nursing care.
    3. Quality Assurance forms
    4. Advance Directives
    5. Consultation & referrals
    6. Continuity of care.
2. Assignment Procedures
  - a. Getting/Changing/What to look for
  - b. Pre-clinical Prep Work
3. Use of Data Sources in preparation for nursing care.
  - a. Kardex/Nursing Rand cards
  - b. Medical recordstem.
  - c. SRJC Clinical Prep Forms
  - d. Textbook references.
4. Preparation/Use of Worksheets for organizing care.
5. Error Prevention
6. Maintaining Patient Confidentiality
7. Promoting Patient Rights
8. Applying standard and special infection control procedures
9. Tailoring physical assessment to patient:
  - a. Past medical history
  - b. Current medical problems
  - c. Co-morbidities
  - d. History of present illness
  - e. Hospital course according expected clinical pathways
  - f. Potential complications
10. Recognizing & supporting patients' coping strategies.
  - a. Body image disturbances
  - b. Family interaction patterns
  - c. Role changes
  - d. Sexuality
11. Behavior Managment
  - a. Use of restraints (policies & procedures)
  - b. Observation rooms or other setting specific
12. Setting Priorities
  - a. one patient assignment
  - b. two patient assignment
13. Setting health care goals
  - a. Usual clinical pathways

- b. Individualized
- 14. Implementation of Plan of Care
- 15. Evaluating Effectiveness and Outcomes of Nursing Care
- 16. Fundamental components of the role of the vocational nurse vis a vis other members of the health care team.
- 17. Basic theory of nursing assistant care of the patient.

### Assignment:

- 1. Preparation of an adequate data base on each assigned patient.
- 2. Assignment of 1-2 patients per clinical day.
- 3. Problem solving assignments will be verbalized to instructor.
- 4. Verbalization of prioritization of care, rationales for care and all medications administered from a fundamentals perspective.
- 5. Safe implementation of any basic nursing skills learned in NRV 58A with the supervision of instructor or resource nurse. (Student to keep personal record or diary of skill experiences obtained).
- 6. Participation in clinical ward conferences with presentation of significant findings to peers.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Lab reports

Problem solving  
10 - 50%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Field work, CLINICAL PERFORMANCE

Skill Demonstrations  
50 - 90%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None
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Other Category 0 - 0%
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**Representative Textbooks and Materials:**

Foundations of Nursing: Caring for the Whole Person, by L.White, Delmar Thomson Learning (2000).

Student Handbook to accompany textbook of Foundations.

Clinical Nursing Skills (Basic to Advanced), 5th ed., by S. Smith, Prentice Hall, New Jersey ( 2000)

Pharmacology: A Nursing Approach, 3rd ed, by J.L. Kee & E.R. Hayes, Saunders, Philadelphia (2000).

Nursing Drug Guide 2001, by B.A. Wilson, M.T. Shannon, & C.L. Stang, Prentice Hall, New Hersey (2001).

NRV 51/51L Syllabus & Student Hanbook of Policies for VN Program.

Manual of Diagnostic & Laboratory Tests, by K.D. Pagana & T.J. Pagana, Mosby, St. Louis (2002).

Lippincott's Pocket Manual of Nursing Practice by S.M. Nettina. Lippincott Philadelphia (2002).