

**NRV 58A Course Outline as of Fall 2006****CATALOG INFORMATION**

Dept and Nbr: NRV 58A Title: FUNDAMENTAL SKILLS LAB

Full Title: Fundamental Skills Lab for Vocational Nursing

Last Reviewed: 10/13/2014

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Demonstration and supervised practice of basic nursing skills based on scientific principles and correlated with concepts from theory. Planning and implementing basic patient care are practiced in a simulated clinical setting. Relationships between these concepts and nursing skills relevant to steps in the nursing process; assessment, planning, implementing, evaluation and documentation are practiced. Students demonstrate competent skill performance in a simulated clinical setting.

**Prerequisites/Corequisites:**

Concurrent Enrollment in NRV 51 OR Concurrent Enrollment in NRV 60A

**Recommended Preparation:****Limits on Enrollment:**

Admission to the VN program.

**Schedule of Classes Information:**

Description: Basic nursing skills based on scientific principles are demonstrated. Skills are correlated with concepts from theory and related to steps in the nursing process. Students practice and perform demonstrations in a simulated setting prior to performing in the clinical

setting. (Grade or P/NP)

Prerequisites/Corequisites: Concurrent Enrollment in NRV 51 OR Concurrent Enrollment in NRV 60A

Recommended:

Limits on Enrollment: Admission to the VN program.

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Spring 1991	Inactive: Fall 2021
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon the completion of this course, the student will be able to:

1. Incorporate theoretical principles from the fundamentals course into the planning and implementation of fundamental nursing skills for simulated adult patients.
2. Apply infection control principles to the implementation of fundamental nursing skills.
3. Use anatomical landmarks to perform physical assessments of simulated adult patients.
4. Compare and contrast assessment findings gathered in the examination of simulated adult patients with physiologic norms. [emphasis on well adults]
5. Demonstrate psychomotor competency in the performance of selected fundamental skills.
6. Communicate therapeutically with adult patients.
7. Teach fundamental self-care skills to patients
8. Evaluate effectiveness of nursing interventions on adult patients.
9. Work cooperatively as a member of a team to ensure that all members achieve learning objectives
10. Prioritize assessments and interventions for adult patients whose problems concern a single acute or sub-acute illness.

**Topics and Scope:**

1. Introduction
  - a. Professionalism in simulated patient care.
  - b. Applying principles from the prerequisite courses.
  - c. Applying principles from the theory course.
  - d. Adapting skills to clinical patient care.
2. Therapeutic communication in the nurse-patient relationship.
3. Learning teams and clinical teamwork
4. Infection control.
  - a. Standard precautions.
  - b. Special isolation precautions
5. Vital signs, pain scales, weights, & pulse oximetry
6. Hygiene
  - a. Bathing
  - b. Bedmaking
  - c. Oral care
  - d. AM & bedtime care
  - e. Perineal care
  - f. Special care needs of debilitated and dependent patients
7. Elimination
  - a. Enemas & suppositories
  - b. Ostomy care
  - c. Condom catheter application
  - d. Indwelling catheter care
8. Nutrition
  - a. Meal delivery
  - b. Feeding dependent & dysphagic patients
  - c. Calorie counts
  - d. Intake and output
9. Physical assessment
  - a. Neurological / psychological
  - b. Chest
  - c. Abdomen
  - d. Extremities
  - e. Back
  - f. Neurovascular
10. Medication administration
  - a. The "6 rights"
  - b. Oral
  - c. Eye & ear
  - d. Inhalation
  - e. Transdermal
  - f. Vaginal & rectal
11. Oxygen administration
12. Breathing treatments
13. Surgical asepsis / sterile technique
  - a. Principles
  - b. Gloving
  - c. Dressings
  - d. Equipment handling
14. Urinary catheterization
  - a. Women
  - b. Men

## 15. Intradermal injections & Mantoux test interpretation

### Assignment:

1. Read approximately 20 pages per week from skills textbook, as a preparation for practice.
2. Attend scheduled demonstrations.
3. Resolve textbook-instructor & instructor-instructor discrepancies.
4. Practice skills as a member of a learning team, soliciting instructor feedback when needed.
5. Assist teammates to achieve learning objectives.
6. Independently demonstrate competent performance of all skills, within a maximum of three "checkoff" competency demonstrations.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
60 - 80%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, Short Answer

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

### Representative Textbooks and Materials:

NRV 58A Skills Lab Syllabus.

Clinical Nursing Skills (Basic to Advanced), 6th ed, by Smith, Duell, and Martin. Prentice Hall, New Jersey (2005).

Student Handbook of Policies for VN Program.

