### **PSYCH 56 Course Outline as of Spring 2006**

## **CATALOG INFORMATION**

Dept and Nbr: PSYCH 56 Title: AGING, DYING & DEATH

Full Title: Aging, Dying and Death

Last Reviewed: 12/9/2019

Units		Course Hours per Week	•	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PSYCH 6

### **Catalog Description:**

Examination of aging, death, dying and bereavement in contemporary society.

### **Prerequisites/Corequisites:**

### **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100.

#### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: Examination of aging, death, dying and bereavement in contemporary society.

(Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

E Lifelong Learning and Self Fall 1981
Development

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

# **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

- 1. Describe current trends in life expectancies, demographics, and attitudes toward adulthood, "old age," death and dying.
- 2. Compare and contrast prominent theories on adult development and aging.
- 3. Summarize age-related physical diseases and psychological problems.
- 4. Explain how the process of aging affects intelligence, memory, creativity, problem-solving and decision-making skills.
- 5. Describe different types of intimate partnerships in adulthood.
- 6. Examine the role of gender, socioeconomic status, personality, and health on work choice. Include a description of retirement, its reasons, timing, and effects.
- 7. Provide a list of stressors encountered by the aging person and generate ways to ameliorate the stress.
- 8. Discriminate among concepts of suicide, assisted-suicide, and euthanasia; and summarize death/burial rituals and the grieving process following death.
- 9. Summarize a variety of modes/types of death and review the bereavement, grief and mourning process of the survivor.
- 10. Describe the American funeral system, with emphasis in death notification, funeral service selection and its cost, and body disposition.

# **Topics and Scope:**

- 1. Defining the Journey: Some Assumptions, Definitions, and Methods
- 2. Theories of Adult Development and Learning About Death: The Influences of Sociocultural Forces
- 3. Physical Changes
- 4. Health, Health Habits, and Health Care

- 5. Changes in Cognitive Abilities
- 6. Social Roles
- 7. Development of Relationships
- 8. Work and Retirement
- 9. Personality Stability and Change
- 10. Stress and Resistance
- 11. Death, Dying and Bereavement
- 12. Facing Death: Living with Life-Threatening Illness
- 13. Medical Ethics: Dying in a Technological Age
- 14. Survivors: Understanding the Experience of Loss
- 15. Late Rites: Funerals and Body Disposition
- 16. The Law and Death
- 17. Death in the Lives of Children and Adolescents
- 18. Suicide
- 19. Risks of Death in the Modern World
- 20. Beyond Death/After Life

### **Assignment:**

- 1. Read approximately 25-35 pages per week.
- 2. Take two midterm exams and one final on lecture, reading concepts and terminology.
- 3. Write 2-3 evaluation and/or analytical papers, approximately 2-3 pages in length on assigned readings and lectures.
- 4. Write a term or course research paper approximately 4-5 pages in length for the purpose of learning research skills, enhancing course knowledge, and improving writing skills.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research Paper, Evaluation & Analytical Papers

Writing 50 - 75%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Fill-in, short answer

Exams 25 - 50%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category 0 - 0%

## **Representative Textbooks and Materials:**

DeSpelder, Lynne Ann; Lee Albert

THE LAST DANCE: ENCOUNTERING DEATH AND DYING, McGraw-Hill, 2005.

Corr, Charles A.; Nabe, Clyde M.; Corr, Donna M.

DEATH AND DYING, LIFE AND LIVING, Wadsworth/Thomson, 2003.

Leming, Michael, R.; Dickinson, George E.

UNDERSTANDING DEATH, DYING AND BEREAVEMENT, Wadsworth/Thomson, 2002.

Bee, Helen L.; Biorklund Barbara R.

THE JOURNEY OF ADULTHOOD, Prentice Hall, 2004.

Foos, Paul W.; Clark, Cherie M.

HUMAN AGING, Allyn & Bacon, 2003.

Hoyer, William J.; Roodin, Paul A.; Rybash, John Michael

ADULT DEVELOPMENT AND AGING, McGraw Hill, 2003.

Hooyman, Nancy R.; Kiyak, Asuman H.

SOCIAL GERONTOLOGY: A MULTIDISCIPLINARY PERSPECTIVE, Allyn & Bacon, 2002.