

CATALOG INFORMATION

Dept and Nbr: ATHL 13

Title: MEN'S VARSITY BASKETBALL

Full Title: Men's Varsity Basketball

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	10.00	8	Lab Scheduled	170.00
		Contact DHR	0		Contact DHR	0
		Contact Total	10.00		Contact Total	170.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 170.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 51A

**Catalog Description:**  
Practice for and participation in intercollegiate competition, emphasizing skills, fundamentals and strategies.

**Prerequisites/Corequisites:**  
Health and Safety.

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Practice for & participation in intercollegiate competition; emphasizing skills, fundamentals & strategies. (Grade or P/NP)  
Prerequisites/Corequisites: Health and Safety.  
Recommended:  
Limits on Enrollment:  
Transfer Credit: CSU;UC.  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

THE STUDENT WILL HAVE DEVELOPED:

- I. Advanced level skills and fundamentals for competition.
- II. The knowledge of a physical conditioning program and the understanding of why and how it is implemented into a competitive basketball format.
- III. A understanding of the rules of basketball as they pertain to:
  1. California Community College Intercollegiate competition.
  2. N.C.A.A.
- IV. The knowledge to understand and analyze team and individual concepts and strategies of intercollegiate competition.
- V. The ability to develop their own conditioning and practice plan which leads sequentially to Conference and State Championships

**Topics and Scope:**

- I. Pre Season Practice Routine
  1. Body Conditioning
  2. Review of offensive skills
  3. Review of defensive skills
  4. Fundamental drills
  5. Competition
  6. Team meetings re: competition, communication and success
- II. Pre-Conference Games
  1. Additional skill building
  2. Game planning and preparation
  3. Practice (including strategy)
  4. Games and Tournaments
- III. Conference Competition and Practice Routine
  1. Additional skill building
  2. Team game plan and execution
  3. Weekly practice plans/individual and team

4. Conference games
  5. Game review and evaluation
- IV. Post Conference Competition and Practice Routine
1. Additional Skill building
  2. Team game plan and execution
  3. Weekly practice plans/individual and team
  4. Conference games
  5. Game review and evaluation

### Assignment:

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
25 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

WRITTEN AND VERBAL EXAM

Exams  
10 - 25%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category  
25 - 60%

### Representative Textbooks and Materials: