

CATALOG INFORMATION

Dept and Nbr: PHYED 19.2 Title: WATER POLO - INTER.
Full Title: Intermediate Water Polo
Last Reviewed: 10/23/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 3.2

Catalog Description:
Intermediate to advanced skills in various offensive and defensive techniques of water polo.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of KAQUA 12.1 (or PHYED 19.1 or PE 3.1 or PE 106.1)

Limits on Enrollment:

Schedule of Classes Information:
Description: Intermediate & advanced skills in various offensive and defensive techniques of water polo. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Course Completion of KAQUA 12.1 (or PHYED 19.1 or PE 3.1 or PE 106.1)
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

I. The student will:

1. Gain higher proficiency of individual and team skills
2. Have the knowledge for team strategy
3. Have the knowledge to improve inter-team play
4. Develop endurance and speed swimming
5. Develop sportmanship among teammates
6. Have the knowledge to set up a personal conditioning program

Topics and Scope:

I. WATER POLO

1. History of Water Polo
2. Rules and regulations
3. Role of the referee
4. Condition and swim training
5. Fundamental development:
 - a) ball handling
 - b) court positions
 - c) individual skills
 - d) team skills
6. Team offense and defense
7. Scrimmages and strategy
8. Sportmanship
9. Techniques of goalkeeper
10. Inter-team play

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
40 - 60%

Representative Textbooks and Materials: