

CATALOG INFORMATION

Dept and Nbr: ATHL 30

Title: THEORY ANALYSIS SOCCER

Full Title: Theory & Analysis of Soccer

Last Reviewed: 2/6/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	1.00	Lab Scheduled	1.00	3	Lab Scheduled	17.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00

Total Student Learning Hours: 122.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

Catalog Description:
Explanation, organization and development of various systems of play in soccer. Analyzing coaching problems in offense and along with a review of technique films. Discussion and practical application of various approaches to technical and tactical training for modern soccer.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Schedule of Classes Information:
Description: Explanation, organization & development of various systems of play in soccer. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100.
Limits on Enrollment:
Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:

IGETC:	Transfer Area	Effective:	Inactive:
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CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student will:

- Have the knowledge to analyze team and individual soccer play
- Have the knowledge to develop individual and team offensives and defenses
- Have the knowledge and understanding of the preparation for coaching and teaching soccer
- Have the knowledge to develop a personal coaching, playing philosophy

Topics and Scope:

To establish offensive and defensive concept.

- To teach and review basic skills, starting with small groups and building to full sided games.
- To review the laws of the games
- To establish effective methods for training participants
- To analyze dead ball situations of offense and defense
- To develop a better understanding of the tactical nature of the game

Assignment:

Eligibility for English 100 A or equivalent

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers	Writing 0 - 15%
Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.	
Exams	Problem solving 0 - 20%
Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.	
Class performances	Skill Demonstrations 0 - 20%
Exams: All forms of formal testing, other than skill performance exams.	
Multiple choice, True/false, Completion	Exams 0 - 20%
Other: Includes any assessment tools that do not logically fit into the above categories.	
ATTENDANCE	Other Category 0 - 25%

Representative Textbooks and Materials: