

PHYED 90 Course Outline as of Fall 2005

CATALOG INFORMATION

Dept and Nbr: PHYED 90

Title: SOFTBALL

Full Title: Softball

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 46

Catalog Description:
Instructional drills combined with class competition to develop individual skills as well as team offense and defense. Rules and strategies of game comparing slow and fast pitch.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Instructional drills combined with class competition to develop individual skills as well as team offense & defense. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The primary objectives of this course is to provide students with the knowledge and skills required to:

1. Analyze game strategy for both slow and fast pitch softball.
2. Develop the ability, through fundamentals, to play softball.
3. Explain and implement the rules for playing softball.
4. Demonstrate an appropriate conditioning program for success in the game of softball.
5. Demonstrate the necessary skills for a specific softball position.

Topics and Scope:

A. OUTLINE OF TOPICS TO BE ADDRESSED IN THE COURSE:

- a. Fundamental Skills
 1. Throwing
 2. Catching
 3. Fielding of ground and fly balls
 4. Pitching
 5. Hitting
 6. Baserunning
- b. Team Offensive Play (Strategy)
 1. Sacrifice bunting
 2. Drag bunting
 3. Hit and run
 4. Sacrifice fly
 5. Stealing
 6. Double steal
- c. Team Defensive Play (Strategy)
 1. Situational infield defense
 2. Infield play with no, one or two outs
 3. Bunt defense
 4. Defense on expected steal

5. Defense on double steal
6. Situational outfield defense
7. Outfield determined by number of outs
8. Defense of sacrifice bunt
9. Defense of hit and run
- d. Rules and strategy for slow and fast pitch
 1. Base coaching strategy
 2. Scorekeeping
 3. Basic game rules in both slow and fast pitch
 4. Discussion on development of softball conditioning

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
40 - 60%

Representative Textbooks and Materials: